National Aboriginal Health Organization
Ajunnginiq (Inuit) Centre

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Inuvialuk Nurse, Inuvik (2007)
interviewed by Martha Flaherty

Audio Clip 1

MF: Are there any stories from your work as a midwife in the maternity clinic that you would like to share with me?

Any stories? Well, I didn't really have any stories about any midwifery, but most of my experiences so far, have been mostly positive experiences. Always having healthy babies...you know there is [an] occasional deviation from the norm ... where the baby comes out 'flat' or where you need to give oxygen or medication, to perk up after.

MF: …

I received training, for ... I sat in on a perinatal health course that was given through an institution in Alberta, and I also did my neonatal resuscitation program.

I was fortunate enough to be involved in the program where I was sent out to Edmonton, went to a labour and delivery facility, and got a few weeks of experiences down there for labour and delivery. And they always had a great outcomes because we are trained to deal with different situations that arise, that aren't part of normal labour and delivery. I really enjoy working up here. I find the women here are able to cope with labour and delivery.

MF: …

Being able to control ... Like I find that working with Aboriginal women here, that there is a greater sense of control over the body and the process of having a baby ... where as when I was working in the south, there was a lot more medical interventions than what we have here ... I think it just different cultures. It's a different way of looking at the delivery and process of birth.

ᐅᓂᒃᑲᖅᓴᖅᓱᓕᒻ? ᐅᖅᑲᓕᒃᖅᓴᖅᓗᐊᖑᓪᓚᒪᓕᓂ ᐃᖅᓂᓕᒃᓯᓂᐅᐸ ᒥᒃᓴᓄᖅ, ᑭᓕᐊᓂ ᐊᑐᖅᓕᓂᖅᑕᒃᓕᓂ ᐅᑉᓗᒥᒧᖅ, ᐊᒃᑲᐅᖅ, ᐱᐅᓂᖅᓴᐃᖅ. ᑕᐃᒪᖑᑦ ᖃᓄᐃᖑᕐᑐᔪᓗᓂᒃ ᖃᑐᖑᐅᖅᑲᕐᖅᓕᒪᒪᒋᑕ…ᐃᓭᓐᓂᓕᐅᓕᓴᖑᓗᓗᒃ ᑭᓕᐊᓂ

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ᐊᑙᐅᖏᒴᐅᔱᐻᖃᖅᓜᒪᔫᑠᓗᐊᖅ...ᐃᒫᑛ ᐌᐊᕋᖅ ᖁᐃᒭᓗᐊᑐᐊᕍᒪᑔ ᐅᕝᕙᓘᒳᒮᑔ ᐊᒭᖅᐻᔯᐅᐻᑛᑘᖅᐻᑒᐅᑜᐊᖃᑐᐊᕍᒪᑒ ᐅᕝᕙᓘᒳᒮᑔ ᐃᒰᒴᓠᐅᐻᕍᑐᔯᐊᖃᑐᐊᕍᒪᑒ, ᐅᕝᕙᓘᒳᒭᑔ ᒭᑛᓡᔯᐊᖃᑐᐊᕋᒥᑛ. ᐃᒴᒳᒭᐊᓙᐅᕍᐳᖓ....ᕿᑐᕍᖏᐅᕍᑐᒴᔯᒭᕍᒧᑔ ᐃᒴᒳᒭᐊᕍᑐᒯᑔ, ᐃᒴᒳᒭᐊᕍᓞᑞ ᐊᓛᐳᕍᑒᒥ, ᐊᒬᒪ ᐃᒴᓠᒪᐅᕍᑐᖓ ᐃᒰᕋᑓᕍᑐᒭᑛ ᑙᒪᑜᐊᖅ. ᐃᒴᒳᒭᐊᖃᑒᐅᑞᒳᒱᓙᐅᕋᒪ ᐃᑔᒪᒳᑒᒥ ᐊᑙᐅᒫᓙᐅᕍᑐᖅ, ᐃᕍᒭᓞᑛᓜᕎᒳᒯᑔ ᐊᒬᒪ ᐃᕍᒭᓞᑛᓜᔪᒯᑔ ᐅᐸᑞᒳᒱᖃᑔᑒᓙᐅᕋᒪ ᐃᒴᒳᒭᐊᕍᐻᑒᐅᓛᓗᖓ, ᐊᒬᒪ ᐌᒱᓞᐊᔱᓜᕍᒭ ᐌᑜᐅᕍᓠᕍᐻᑒᐅᓙᐅᕍᓞᖓ ᐃᕍᒭᓞᑛᓜᕎᒬᒥ ᐊᒬᒪ ᐃᕍᒭᓞᑛᓜᓛᓙᑔᑓᕍᒭᑛᑗᑔ. ᑒᐃᒪᖓᒴᒫᖅ ᑙᔪᓜᑔᓜᐊᑐᐃᒳᒱᖃᑔᑒᓙᐅᕍᑐᑔ ᐌᔮᔪᐻᑜᓛᓗᑞ ᐃᒴᒳᒭᐊᕍᑒᐅᑔᓜᐊᕍᒭᖏᑔ ᖃᒯᑐᐃᒳᒱᖅ ᐸᕍᒱᒱᐃᕍᓜᒪᑜᐊᖃᒭᕍᒧᑔ ᐃᕍᒭᓞᑛᑐᒭᑛ

ᖃᒯᐃᖏᑔᑐᒯᑔ ᐊᒬᒪ ᖃᒯᐃᑔᑐᖃᑚᓛᓙᒳᒭᕍᐸᑔ. ᐊᑛᓞᐊᓗᑛ ᖁᕎᐊᑜᑠᑛᑗ ᐌᒱᓞᐊᔯᐊᖅ ᑒᒫᒭ. ᑙᒪᑞᒳᒱᑔᓜᐊᑐᐊᕋᑔᑒ ᐃᕍᒭᓞᑛᑐᒭ. ᐊᐅᓙᑔᓜᑞᒳᒱᑔᓜᐊᕍᓞᐻᑛ...ᓟᕍᓗ ᐌᒱᓞᐊᖃᐻᖃᔯᐊᖅ ᒯᒱᖃᖅᑚᕍᓜᒪᔪᒭᑛ ᐊᕍᒱᒭᑛ ᒫᒭ, ᐊᐅᓙᑔᓜᑞᒳᒱᑔᓜᐊᕍᒭᕍᓠᐅᔭᕍᐻᑒᐅᒬᒪᑒ ᐻᒥᒥᑒ ᒥᑛᓡᒯᑔ ᐊᒬᒪ ᒯᑒᕋᕍᑓᕋᓞᐊᕍᒭᑛᑗᑔ...ᖃᓛᓗᒲᓛᒴ ᒯᒱᖓᒭ ᐌᒱᓞᐊᕍᐻᓛᓗᖓ ᑒᐃᒪᐃᓙᐅᖏᒬᒪᑔ.... ᒫᒭᒴ ᓞᒱᒴᒫᒭᑛ ᐊᑐᐃᒳᒱᐅᔪᒭᑛ ᐃᑙᔪᔱᐻᑛᓠᒭᑛ ᐊᑐᖃᑔᑒᕋᑔᑒ...ᐃᒴᖅᑗᓜᑛᑗᖃᐃ ᐊᔮᔨᑝᖏᒳᒭᖏᒳᒯᑔ. ᐊᔮᔨᑝᖏᑔᑐᑛᑗᑔ ᑒᒪᒳᒱ ᑒᐅᑐᒳᒭᖅ ᐃᕍᒭᓞᑛᓝᑞᓜᕍᒥᑛ ᐊᒬᒪ ᐃᕍᒭᓞᒳᒭᕍᒥᑛ.

Clip 2

MF: What is the birth you remember the most - or - enjoyed the most? (Don’t give personal identity) Please describe. I think you sort of answered that, saying that you never really delivered, but do you remember one.

ᑒᒪᒳᒱ ᑕᐅᔬᔰᖅᑗᕋᑓᕍᒪᑔ, ᐅᖃᖅᑙᐅᑠᕎᑔ ᐃᕍᒭᓞᑛᓜᖃᑒᐅᓙᐅᕍᒭᕋᖅᓞᐻᑔ,
ᐃᖅᑙᐅᒪᔬᖃᖅᐌᑔ.

Through my experience, working with labour and delivery clients…I started working with first time parents the most, because they don‟t always know what to expect, so I enjoy teaching and just helping them along the process. I enjoy first time mom and dads … because after the delivery, it‟s all so exciting.

ᐊᑐᖅᓜᒪᒴᖅᑒᑛᑗᑔ ᐃᖅᑙᒱᐃᔬᕍᒭᑛᑗᑔ, ᐌᒱᓞᐊᖅᓞᖓ ᐃᕍᒭᓞᑛᓝᒭᑛᑗᑔ ᐊᒬᒪ ᐃᕍᒭᓞᑛᑐᖃᖅᐻᓛᓗᑞ ᐃᑙᔪᕍᓞᖓ...ᖁᕎᐊᑜᒭᕍᐹᔯᑠᑛᑗ ᐊᒲᒱᐅᔪᑔ/ᐊᑓᑒᐊᔪᑔ

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ᐌᐊᕋᖅᑓᕍᐻᓛᓗᑜᑛ, ᐅᒱ ᐌᔮᔪᐻᑜᓛᓗᑞ ᐃᑙᔪᕍᑐᒥᑛ ᐃᑛᐌᑞᓞᐺᐸᒬᒪᑒ ᐃᑙᔪᕍᑒᐅᑞᒪᑜᐊᖅ, ᐊᒬᒪ ᖃᐅᔨᒪᐃᒳᒱᓟᑞᒬᒪᑒ ᓞᒱᒥᑛ ᒭᔯᐅᑛᑐᑛᓠᐅᑜᐊᖅ, ᑒᐃᒪᐃᒬᒪᑔ ᖁᕎᐊᑜᓗᐊᕍᑒᕋ ᐃᒴᓠᐃᑜᐊᖅ ᐊᒬᒪ ᐃᑙᔪᔯᐊᖏᑔ. ᓜᕗᓛᒴᕍᐹᒥ ᐊᒲᒱᐅᔪᑔ ᐊᑓᑒᐅᔪᓛᓗ ... ᕿᑐᕍᖓᕍᑓᕋᑓᕍᓞᐻᑛ ᐊᑕᑛᓞᐊᓗᑛ ᖁᕎᐊᓞᓟᑞᒬᒪᑒ ᐊᔮᔨᐅᖏᑔᑐᑛᑗᑔ.

“I can‟t believe I‟m a mom; I can‟t believe I‟m a dad; I can‟t believe the baby was inside me.” It just seems a lot more exciting after the delivery with first time parents, and just the process of teaching, teaching them ... “OK, this is normal, this what we expect.” Just helping them along in their labour and delivery experience.

“ᐊᒲᒱᐅᒴᕋᒪ ᐅᑛᐌᔱᓞᖏᓙᖓ, ᐊᑓᑒᐅᒴᕋᒪ ᐅᑛᐌᔱᓞᖏᓙᖓ. ᐅᑛᐌᔱᓞᖏᑔᑐᖓ ᐅᒱ ᐌᐊᕋᑗᓗᑛ ᐃᓗᒥᐅᑒᔯᓙᐅᕍᑒᕋ.” ᐊᑛᓞᐊᓗᑛ ᖁᕎᐊᓞᒳᒭᖅᓠᐅᖅᑘᔨᕙᒬᒪᑒ ᐃᕍᒭᕋᑓᕍᓞᐻᑛ ᓜᕗᓛᒴᕍᐹᒥ ᒯᑒᕋᖅᑓᕍᑐᑔ, ᐊᒬᒪ ᐃᒴᓠᔯᐊᖏᑔ ᖁᕎᐊᒱᕍᑐᑔ. ᐃᒴᓠᕍᔯᐊᖏᑔ ᐃᒪᒳᒱ....ᐅᑕ, „ᐌᐅᓜᑐᐃᒳᒱᔱᒱ, ᑒᒪᒳᒱ ᒭᔯᐅᑜᓙᐅᕍᑒᕋᓗᐊᕋ. ᐃᑙᔪᔯᐊᖏᑔ ᐃᕍᒭᓞᑛᐸᓛᒴᐊᐻᓛᓗᑞ ᐊᒬᒪ ᐃᕍᒭᐻᓛᓗᑞ ᖁᕎᐊᒱᕍᑐᑔ.

Clip 3

MF: What is the birth that scared you the most? What happened?

During my time, when I was involved in my final practicum, I was here in Inuvik and a lady came in and she was pretty far along in her labour, and then her water broke. And there was a lot of meconium and it was very thick. I had never seen that before so I was kind of scared, and I‟m like, “OK” ... I just tried to remember the steps that I had learned in the courses that I was allowed to sit in and audit just for my own studies …

ᐌᒱᓞᐊᕍᐻᓛᓗᖓ, ᐃᒴᒳᒭᐊᕍᓞᖓ ᐃᒰᕎᒬᒥ ᐌᑜᐅᕍᓠᕍᐸᓛᒴᐊᓛᓗᖓ, ᐋᒳᒭᐊᕎᒬᒧᐊᕍᑐᖃᓙᐅᕍᓜᒪᕗᖅ ᐊᕍᒱᒥᑛ ᐃᕍᒭᓞᑛᓜᕙᓛᒴᐊᔪᒥᑛ, ᐊᒬᒪ ᒪᖓ ᓞᕋᑔᓠᐅᐻᑜᓛᓗᒭ, ᐊᒬᒪ ᐊᑛᓞᐊᓗᑛ ᐃᒪᖓ ᐃᓞᕍᑑᓙᐅᕍᓜᒪᒬᒪᑔ. ᑒᑗᓙᐅᕍᓜᒪᖏᒳᒱᒪ ᑒᐃᒪᐃᑔᑐᒥᑛ ᑙᐺᐌᐊᓞᓙᐅᕍᓜᒪᔪᖓ, ᐃᒬᒥᒭᓛᓗ ᐅᖃᐅᐻᓛᓗᖓ...ᐃᖅᑙᐅᒪᑞᒪᓛᓗᑜᑔ ᐃᒴᒳᒭᐊᕍᐸᓛᒴᐊᓙᐅᕍᑒᑛᑙ ᐊᒬᒪ ᐃᒴᓙᐅᕍᑒᑛᑙ ᐊᑐᔯᐊᒥᑛ, ᐊᒬᒪ ᐃᒴᒳᒭᐊᕍᑒᒳᒭᑛ ᐃᒬᒥᑛᑗᑔ ᐃᒴᒳᒭᐊᑛᑙᒳᒭᔱᒳᒱᕍᐻᑒᐅᓙᐅᕋᒪ ᐊᑙᐅᒲᓙᐅᕍᑐᖅ..

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Then there was another very experienced nurse there, and she did an awesome job with the baby. She delivered the baby. And she just went through the steps that you are trained to go through to make sure the baby is OK. But just for the first time, seeing something that wasn‟t normal, kind of scared me. And then, when I reflected on that experience, I thought, “OK, well,” I knew that you want to suction the mouth first before the nose. You want to just go through the steps of what was in the neonatal resuscitation program.

ᑒᐃᑔᓞᒪᒭ ᐃᖅᑙᒱᐃᔬᖃᐻᖃᓙᐅᕍᓜᒪᔪᖓ ᐋᒳᒭᐊᓜᐅᐻᒥᑛ ᐃᖅᑙᒱᐃᔬᕍᓜᒪᔪᒬᒪᔯᐊᓘᒴᔰᖅᑐᒥᑛ ᐊᑗᒭ, ᑒᐃᒪᐃᒬᒪᑔ ᐃᕍᒭᐻᑔᓜᓜᐊᕍᑐᐊᓘᓙᐅᕍᓜᒪᔪᖅ. ᐃᕍᒭᐻᑔᓜᓙᐅᕍᓜᒪᔪᖅ ᑒᐃᑔᓞᒪᒭ. ᑒᐃᒪ ᑙᒪᑜᑔᓜᐊᕍᓞᑞ ᒯᑒᕋᖅᑓᖓ ᖃᒯᐃᖁᒱᑞ. ᑕᓜᐊᒭ ᑙᐺᐌᐊᓞᔱᔪᓙᐅᕍᓜᒪᕗᖓ ᑒᐃᑔᓞᒪᒭ ᑒᐃᒪᐃᑐᐃᒳᒱᖏᑔᑐᒥᑛ ᐃᕍᒭᓞᑛᑐᖃᖅᐻᓛᓗᑞ, ᐊᒬᒪ ᑕᓜᐊᒭ ᐃᖅᑙᐃᑠᑛᑕᑔ ᐃᒴᒳᒭᐊᕍᑒᕎᒭᑛᑙ, ᖃᒯᐅᔨᒪᒴᓙᐅᕍᑐᖓ ᖃᒯᐃᓙᖓᖏᑔᑐᑞᑔ,‟ ᓟᕍᓗ ᕿᖓᖏᑛ ᒥᓛᓗᐊᖅᑚᕍᓗᑜᑛ ᖃᒭᖓ ᑕᖑᒭᐊᑞᑔ. ᒪᒴᑔᓜᐊᕍᓗᑜᑔ ᐃᒴᒳᒭᐊᕍᓜᒪᔬᐻᑔ,
ᐊᒭᕍᐻᔯᑜᐊᒴᒳᒯᑔ ᐃᑙᔪᔯᐊᖅ ᐃᒴᒳᒭᐊᕍᓜᒪᔬᐻᑔ.

So, even though it was scary, I was able to look back and say “OK, I knew this much and this is where I have to work on.” It was a good learning experience. Thank God there was a very experienced nurse there. Everything turned out great. Yes, it was scary for the first time when I saw something that wasn‟t normal.

ᑒᐃᒪᐃᒬᒪ, ᑙᐺᐌᐊᒱᓙᐅᕋᓗᐊᕍᐻᓛᓗᑞ, ᐃᒴᒳᒭᐊᕍᑒᕎᒭᑛᑙ ᐊᑐᔯᔱᒳᒱᓙᐅᕍᑒᑛᑙ. „ᐃᒪᒳᒱᐻᑜᑛ ᖃᐅᔨᒪᐻᑜᕗᖓ, ᐃᒪᐃᒴᐅᔯᐊᖃᒴᕍᐳᖓ ᑒᕝᕙ.‟ ᐊᑐᔯᐊᖅ ᑒᒪᒳᒱ ᖁᕎᐊᑜᓙᐅᕍᑒᕋ ᐃᒴᒳᒭᐊᔱᐻᑜᔬᔯᐊᖅ. ᐊᒴᐊᓙᐃ ᑟᐻᐅᐺ ᐃᑙᔪᓙᐅᕍᒪᖓ ᐋᒳᒭᐊᓜᐅᐻᖃᔯᐊᖅ ᐃᖅᑙᒱᐃᔬᕍᓜᒪᔪᒬᒪᔯᒬᒥᑛ. ᖃᒯᐃᑔᑐᖃᓙᐅᖏᑔᑐᖅ.

ᓜᕗᓛᒴᕍᐹᒥ ᑕᓜᐊᒭ ᑙᐺᐌᐊᒱᔱᔪᓙᐅᕍᑐᖅ ᐌᐅᓜᕍᓞᑐᐃᒳᒱᖏᑔᑐᒥᑛ ᐃᕍᒭᓞᑛᑐᖃᖅᐻᓛᓗᑞ.

Clip 4

MF: Is there any advice you would like to give to the people who make curriculum materials for midwifery training?

No, I haven't thought of it. I think it would be quite difficult to incorporate all of the different cultures.

ᐊᑲᒃᑲ, ᐃᓗᒪᑎᓗᒍᑐᓐᓇᒃᑯ ᓗᓂ. ᐊᒃᓗᐊᓕᔭᒃ ᐱᑐᐃᓐᓇᐅᑎᓴᖅᑲᓱᒍᑦᒪᒪᑦ ᐃᓂᖅᑯᓗᒍᓕᐊᖏᓚᐅᕐ ᐃᓕᑎᐅᑎᐊᓗᕐᔭᑎᑦ.

MF: They do that in Eastern Arctic. I would ask you this way, would you like to see any Inuit culture or practices incorporated [in] curriculum materials in the future?

ᐃᑕ: ᖁᑭᖅᑕᓕᒋᒥᓂ ᐃᓂᖅᑯᓗᖏᓚᓂᒃ ᐃᓄᐃᑦ ᐊᑐᕆᓗᐊᖅᐸᕆᑐᑦ. ᐃᒪᐅᓐᖏᖅᐃ ᐅᖅᑲᕈᒪ, ᑕᑯᐸᒪᑎᖅᐱᑦ ᐃᓄᐃᑦ ᐃᓂᖅᑯᓗᖏᓐ ᐅᕐᖤᔭᐅᓂᑦ ᐱᖅᑯᓗᖏᑎᑦ ᐃᓂᒋᓂᐅᑎᓴᐅᒃᐸᑕ ᐃᓂᐅᓂᐊᕈᑎᐅᓴᖅᓄᓄᑦ ᓗᕐᓂᓂᒃᓴᑎᐅᓂᐅᓂ?

Yes, that would be quite interesting to see what kind of materials would come out compared to the kind of care I am providing, maybe there is some aspects of care that I need to be looking at in greater detail more than I am right now.

ᔭᐊᓂ: ᐊᑲ, ᐊᒃᓗᐊᓕᔭᒃ ᑲᒪᓇᕆᓴᖅᓴᑦ ᖃᓄᐃᑦᑐᓂᒃ ᓄᐃᑦᓗᒪᓴᖅᓂᖏᑦ ᐃᓂᐅᑎᒃᓴᑎᓐᖏᑦ ᖃᓄᖅ ᐊᔭᑦᓴᐅᖏᑎᑎᒪᓴᖅᓕᖅᑭᑦ ᐅᑦᓗᒥ ᐃᓂᓂᐊᕐᐅᖅᑕᑐᑦᓄᓄᑦ, ᐃᓕᒪᑲᒃ ᐊᓗᖏᓂᓂᒃ ᐃᑲᔪᒃᓂᕈᑎᑐᖃᖅᑐᑦ, ᑕᒪᒃᑯᐊ ᖁᑎᖅᑭᒃᓂᓂᑦᓂᕆᓴᖅᑲᖅᑐᒃ ᐊᔭᑦᓴᐅᖏᓂᓂᑦᓂ ᒪᓂᓇᒥ ᐃᓂᓂᐊᕐᑦᑎᓂᓄᓄᑦ.

MF: Is there any advice you would like to give to young women interested in becoming midwives?

If you are interested in that area, just to continue with your studies, work towards your goals. There is a lot of studying; there is a lot of time that you need to commit to becoming a nurse, but it's so worth it in the end if you enjoy working with people. Where I am, I get to work, not only with labour and delivery people, but with people all across the board. You work with new babies; you work with palliative care patients; you work with people who just had operations. I think if you want to become a nurse, it's an awesome opportunity, especially right now. There is a lot of support from the communities. I find a lot of support from Aboriginal organizations to help you financially get your education, so that you can come back and give to the community.

National Aboriginal Health Organization Ajunnginiq (Inuit) Centre

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ᐃᑛᐌᑜᔬᖃᔱᕎᑔ ᐃᒴᒳᒭᐊᔱᒪᓗᐻᑔ, ᑙᔪᓜᐻᑜᐊᑐᐃᒳᒱᕍᓗᑜᑔ, ᑙᔪᓜᒱᓞᐊᕍᓗᑞ ᑐᕌᑠᔯᔪᒪᔬᐃᑔ. ᐊᑛᓞᐊᓗᑛ ᐃᒴᒳᒭᐊᕍᑒᒳᒭᑛ ᑙᒪᑜᔬᖃᔯᐊᖃᕍᒱᖅᑐᖅ, ᐊᑛᓞᐊᓗᑛ ᐌᒭᐊᕍᒭᖃᔱᑒᐅᔬᔯᐊᒴᑛ ᐋᒳᒭᐊᓜᐅᐻᔱᑞᒪᓗᒭ, ᑕᓜᐊᒭ ᐊᑙᐅᒲᕍᑐᒬᒪᔯᐊᓗᑛ
ᑕᖑᒭᐊᑞᑔ ᑕᑛᑗᑐᐃᒳᒱᕍᒭᑛ ᐌᒱᓞᐊᖃᐻᖃᔱᒪᕙᑛᑗᕎᑔ. ᐅᓛᓗᒥᒴ ᐌᒱᓞᐊᕍᕎᒳᒭ

ᐃᑙᔪᔱᒳᒱᕍᐸᑛᑙᒪ ᐃᕍᒭᓞᒳᒭᐊᕍᑐᒭᑛ ᐊᒬᒪ ᐃᕍᒭᓞᑛᑐᒭᑛ, ᐊᒬᒪ ᖃᒯᒴᒫᖅ. ᐌᒱᓞᐊᑠᑛᑗᑔ ᑙᒪᕙᑔᑐᖓ ᐌᐊᕋᑗᓗᒳᒭᑛ ᐃᒰᕋᑓᕍᑐᒭᑛ, ᑐᖁᒭᐅᔬᕍᑐᒭᑛ, ᐌᓙᑔᑒᐅᕋᑓᕍᑐᒭᓛᓗ. ᐋᒳᒭᐊᓜᐅᐻᔱᑞᒪᔪᖃᔱᒭ, ᐊᑛᓞᐊᓗᑛ ᐌᕎᑛᓠᑔᓜᐊᕙ ᖃᒯᒴᒫᖅ, ᐌᓗᐊᕍᑐᒥᑛ ᐅᓛᓗᒥ ᐃᑙᔪᕍᓜᔬᐅᒭᖃᖅᐻᓛᓗᑜᑔ ᒯᒱᒴᐅᔪᑔ. ᐊᑛᓞᐊᓗᑛ ᐃᑙᔪᕍᓜᔬᐅᕙᑔᑐᑞᑔ ᒯᒱᖃᖅᑚᖅᓜᒪᔪᑔ ᑙᑐᔮᔨᖃᐻᑝᖏᒳᒭᑔ ᑖᒱᐅᔬᐻᑞᑔ, ᐃᒴᒳᒭᐊᖁᔨᓛᓗᐻᑛ, ᐊᒬᒪ ᐅᐻᔱᒳᒱᕋᑔᑒ ᒯᒱᖏᒳᒯᑔ ᐌᒱᓞᐊᑠᖃᒴᕍᓗᑒ.