



# Blue Quills



## FIRST NATIONS COLLEGE

### *Honouring Our Grandmothers*

*Indigenous  
Doula*

*Indigenous  
Health*

*Maternal  
Support*

*Sciences &  
Midwifery  
(Proposed)*

*The Knowledge of Our  
Ancestors*

*Natural Medicine*

*Ceremony  
Preparing for Birth  
Birthing  
Caring for Mother  
Caring for Child  
Rites of Passage  
Community Support  
Intergenerational Learning  
Relationship to Land*

*Nutrition  
Aromatherapy  
Homeopathy  
Supplementation  
Acupressure  
Holistic Healing  
Relaxation Massage  
Body/Mind Medicine  
Natural Laws of Healing  
Wholistic Pre & Post-Natal Care*

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*Welcoming Our Future*

