ᖃᓄᖅᑑᕐᓂᖅ

QANUQTUURNIQ

FINDING THE BALANCE

Uqaalaqattalaaqpusi takuksauqattalaaratta
ᐅᖄᓚᖃᑦᑕᓛᖅᐳᓯ ᑕᑯᒃᓴᐅᖃᑦᑕᓛᕋᑦᑕ
A TV phone-in series on Inuit wellness

Nunaqqaaqsimajunut Talaviisalirijikkut
(APTN) Ukiuqtaqtumi
ᓄᓇᖅᑳᖅᓯᒪᔪᓄᑦ ᑕᓚᕖᓴᓕᕆᔨᒃᑯᑦ (APTN)
ᐅᑭᐅᖅᑕᖅᑐᒥ
On APTN North

Mai ᒪᐃ May 11, 12, 13, 2009
8:00-10:00 p.m.
Qikiqtaaluup Siqirngujanga Malillugu
ᕿᑭᖅᑖᓘᑉ ᓯᕿᕐᖑᔭᖓ ᒪᓕᓪᓗᒍ Eastern Time

Uqaalavitsaq Takuksautsautigitillugu Talaviisakkut
ᐅᖄᓚᕕᑦᓴᖅ ᑕᑯᒃᓴᐅᑦᓴᐅᑎᒋᑎᓪᓗᒍ ᑕᓚᕖᓴᒃᑯᑦ
Call during the live broadcast:
1-800-337-6186

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1. Mai ᒪᐃ May 11, 8-10 p.m. EST:

Angutiilli qanuiliqpat?

ᐊᖑᑏᓪᓕ ᖃᓄᐃᓕᖅᐸᑦ?

How are we as men?

2. Mai ᒪᐃ May 12, 8-10 p.m. EST:

Nutaraqtaarniq Nunalingnirmiunut Alianaippuq

ᓄᑕᕋᖅᑖᕐᓂᖅ ᓄᓇᓕᖕᓂᕐᒥᐅᓄᑦ ᐊᓕᐊᓇᐃᑉᐳᖅ

Birth, a joyous community event

3. Mai ᒪᐃ May 13, 8-10 p.m. EST:

Makkuktuuvunga, Upimmavunga

ᒪᒃᑯᒃᑑᕗᖓ, ᐅᐱᒻᒪᕗᖓ

I am young, and I am proud

www.naho.ca/inuit/e/TVseries/

ᐃᓄᐃᑦ ᑐᑦᑕᕐᕕᖓᑦ
Inuit Tuttarvingat

Aaqqiksuqtaq: Inuit Tuttarvingat, Kanatami Nunaqaqqaaqsimajunut Aanniarnanginnilirinirmut Katujjiqatigiit

ᐋᖅᑭᒃᓱᖅᑕᖅ: ᐃᓄᐃᑦ ᑐᑦᑕᕐᕕᖓᑦ, ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓄᑦ ᐋᓐᓂᐊᕐᓇᖏᓐᓂᓕᕆᓂᕐᒧᑦ ᑲᑐᔾᔨᖃᑎᒌᑦ

Coordinated by: Inuit Tuttarvingat, National Aboriginal Health Organization

Funding provided by: *Government of Canada Program for International Polar Year; Indian and Northern Affairs Canada; Health Canada; Public Health Agency of Canada; CIHR Team in Circumpolar Health Research; and Department of Health and Social Services, Government of Nunavut.*