ᐊᔪᓐᖏᓂᖅ
ajunnginiq centre

ᓱᓇᐅᒻᒪᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕿᑎᖃᕐᓂᖅ?

ᐊᔪᓐᖏᓂᒃᑯᑦ ᐊᓪᓚᕝᕕᐊ,
ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐋᓐᓂᐊᓇᓐᖏᓐᓂᓕᕆᓂᕐᒧᑦ
ᑲᑐᔾᔨᖃᑎᒌᖕᒋᑦ
ᒪᕐᓯ 2006

ᖃᐅᔨᒪᓂᖅ ᖃᓄᐃᖕᒋᑎᐊᓂᖅ ᓄᓇᓕᑦ
knowledge wellness community

ᓱᓇᐅᒻᒪᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᕐᓂᖅ?

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Dr. Samuel Law, MD, FRCPC

ᐅᖃᐅᓯᕐᓄᑦ ᓄᒃᑎᓇᔩᒃ: ᒫᑕ ᕕᓚᐅᕐᑎ, Martha Flaherty
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ᑖᒃᑯᐊ ᑕᐃᔭᐅᔪᑦ, (OAAPH) (ᖃᐅᔨᒪᔭᐅᓂᖃᖅᑐᑦ ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐋᓐᓂᐊᕐᓂᓕᕆᓂᕐᒧᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᑦ) (NAHO) ᑮᓇᐅᔭᖅᑖᓚᐅᕐᒪᑕ ᑲᓇᑕᐅᑉ ᒐᕙᒪᒃᑯᖏᑕ ᐋᓐᓂᐊᕐᓂᓕᕆᔨᒃᑯᖏᓐᓂᑦ ᐃᑲᔪᕈᑎᒋᓪᓗᓂᐅᒃ ᐱᓕᕆᐊᖃᖅᑐᓄᑦ ᖃᐅᔨᒪᓂᕐᒥᓂᒃ ᐊᑐᕐᓗᑎᒃ ᐱᓕᕆᔾᔪᑎᒃᓴᓂᒃ ᐃᓕᓐᓂᐊᕐᓂᓕᕆᓂᕐᒧᑦ, ᖃᐅᔨᓴᕐᓂᓕᕆᓂᒃᑯᑦ ᐊᒻᒪ ᐊᑐᐃᓐᓇᕈᖅᑎᑦᓯᒋᐊᖃᕐᓂᕐᒧᑦ ᑐᑭᓯᒋᐊᕐᕕᒃᓴᓂᒃ ᐋᓐᓂᐊᕐᓂᓕᕆᓂᐅᑉ ᒥᒃᓵᓄᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓄᑦ ᐊᒃᑐᐃᔪᓂᒃ. ᑭᓯᐊᓂᑦᑕᐅᖅ, ᑖᒃᑯᓇᓂ ᑎᑎᕋᖅᓯᒪᔪᑦ ᐊᒻᒪ ᖃᓄᐃᓕᓯᒪᓂᖏᑦ ᐋᖅᑭᒃᓱᖅᑕᐅᓯᒪᔪᑦ ᑎᑎᕋᖅᑐᓄᑦ ᐊᒻᒪ ᑎᑎᕋᕈᔾᔨᓇᑎᒃ ᑲᓇᑕᐅᑉ ᐋᓐᓂᐊᕐᓂᓕᕆᔾᔪᐊᒃᑯᖏᓐᓂᒃ.

ᑖᒃᑯᐊ ᑎᑎᕋᖅᓯᒪᔪᑦ ᐊᔾᔨᖏᑦ ᑐᒃᓯᕌᖑᔭᓐᖅᑐᑦ ᐅᖃᕕᒋᓗᒋᑦ ᐅᑯᐊ:

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National Aboriginal Health Organization (NAHO)
Organisation nationale de la santé autochtone (ONSA)
ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓄᑦ ᐋᓐᓂᐊᖃᙱᓐᓂᓕᕆᓂᕐᒧᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᑦ

ᐃᓕᑕᕆᔭᐅᓯᒪᔪᑦ

ᖁᔭᒋᔭᐅᔪᖅ ᓘᑦᑖᖅ ᓵᒥᐅᓪ ᓛ, Dr. Samuel Law, MD, FRCPC.

ᐊᔪᓐᖏᓂᒃᑯᑦ ᐊᓪᓚᕝᕕᖓ

ᑲᓇᑕᒥ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐋᓐᓂᐊᓇᖏᓐᓂᓕᕆᓂᕐᒧᑦ/ᖃᓄᐃᖏᑦᓯᐊᕐᓱᐊᕐᓂᕐᒧᑦ ᑲᑐᔾᔨᖃᑎᒌᖏᑕ ᐊᑖᒍᑦ ᐊᔪᓐᖏᓂᒃᑯᑦ (Ajunnginiq Centre) ᑲᔪᖏᖅᓱᐃᔪᒃᓴᐅᒍᑦ ᐱᐅᔪᒥᒃ ᐃᓅᓯᖃᑦᓯᐊᕆᐊᖃᕐᓂᐊᓄᑦ ᐃᓄᐃᑦ ᐊᒻᒪ ᖃᓄᓕᒫᖅ ᖃᓄᐃᖏᓐᓂᖅᓴᐅᓕᖁᒡᒍᒥᑦ ᐃᓄᐃᑦ, ᖃᐅᔨᓴᕐᓂᒃᑯᑦ ᐊᒻᒪ ᖃᐅᔨᓴᖅᑕᐅᓯᒪᔪᓂᒃ ᓯᐊᕐᒪᖅᑎᕆᓂᒃᑯᑦ, ᐃᓕᓐᓂᐊᓂᒃᑯᑦ ᐊᒻᒪ ᑐᑭᓯᑎᑦᓯᓇᓱᐊᕐᓂᒃᑯᑦ, ᐃᖅᑲᓇᐃᔮᒃᓴᓕᐅᖅᐸᓪᓕᐊᓂᒃᑯᑦ, ᐊᒻᒪ ᑕᐅᖅᓰᖃᑦᑕᐅᑎᓂᒃᑯᑦ ᑐᑭᓯᒋᐊᕐᕕᒃᓴᓂᒃ ᐃᓄᐃᑦ ᒥᒃᓵᓄᐊᖓᔪᓂᒃ ᐋᓐᓂᐊᓇᖏᓐᓂᓕᕆᓂᕐᒧᑦ ᒪᓕᒐᒃᓴᓂᒃ ᐊᒻᒪ ᐱᓕᕆᔾᔪᓯᒃᓴᓂᒃ.

ᐊᔪᓐᖏᓂᒃᑯᑦ ᐅᑯᓂᖓ ᑕᓪᓕᒪᓂᒃ ᑲᒪᒋᔭᖃᓗᐊᖅᑐᑦ:

- ᐱᐅᓯᑎᑦᓯᒋᐊᕐᓂᖅ ᓴᕿᑎᑦᑎᓂᕐᒧ ᑲᔪᖏᖅᓱᐃᓂᖅ ᐃᓄᐃᑦ ᐃᓅᓯᖓᓂᒃ ᐊᑐᕐᓗᒋᑦ ᖃᐅᔨᒪᔭᑐᖃᖏ ᐱᓕᕆᓂᒃᑯᑦ;
- ᑐᑭᓯᔭᐅᑎᑦᓯᓇᓱᐊᕐᓂᖅ ᐋᓐᓂᐊᕐᓂᓕᕆᓂᕐᒧᐊᖓᔪᓂᒃ ᐃᓄᓐᓄᑦ;
- ᑲᔪᓯᑎᑦᓯᕙᓪᓗᑎᒃ ᓴᕿᑎᑦᑎᓂᕐᓗ ᑲᔪᖏᖅᓱᐃᓗᑎᒃ ᖃᐅᔨᓴᕐᓂᕐᒥᒃ ᐊᒻᒪ ᐋᖅᑭᒃᓱᐃᕙᓪᓗᑎᒃ ᖃᐅᔨᓴᕐᓂᒃᑯᑦ ᐱᓕᕆᖃᑎᒃᓴᓂᒃ;
- ᐃᓄᐃᑦ ᐃᓚᒋᔭᐅᑦᑎᐊᐸᓪᓗᑎᒃ ᐋᓐᓂᐊᕐᓂᓕᕆᓂᕐᒧᑦ ᐱᓕᕆᔪᓄᑦ; ᐊᒻᒪ
- ᓇᓗᓇᐃᕐᓗᒋᑦ ᐊᒻᒪ ᓴᐳᒻᒥᓗᒋᑦ ᐃᓄᐃᑦ ᐃᓕᖅᑯᓯᒥᒍᑦ ᒪᒥᓴᐃᒍᓯᖏᑦ.

ᓱᓇᐅᓂᖓ

ᓯᓚᕐᔪᐊᕐᒥᐅᑎᑐᑦ ᓇᓂᑐᐃᓐᓇᖅ, ᐃᓄᐃᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᓲᖑᒋᕗᑦ ᐃᓱᒪᒃᑯᑦ ᐋᔩᑎᖃᕐᓂᒃᑯᑦ (ᐋᓐᓂᐊᕈᑎᖃᕐᓂᒃᑯᑦ).
ᑭᓯᐊᓂᑦᑕᐅᖅ, ᐊᒥᓱᐊᓗᐃᑦ ᑐᑭᓯᐊᙱᒋᑐᐃᓐᓇᕆᐊᖃᕐᒪᑕ ᑕᒫᑯᓂᖓ ᐃᓱᒪᒃᑯᑦ ᐋᔩᑎᓖᓐᓂᒃ. ᐃᓱᒪᒃᑯᑦ ᐊᕐᓯᑭᖅᑐᓂᒃ
ᑲᒪᑦᑕᐃᓕᓲᒍᔪᑦ, ᐅᑦᑐᓐᓃᑦ ᓃᓕᕈᑎᒋᑦᑕᐃᓖᓗᒋᑦ ᐱᔾᔪᑎᒋᓪᓗᒍ ᐃᓱᒪᒍᓯᖏᑦ/ᐱᐅᓯᖏᑦ ᐊᓯᔾᔨᑐᐃᓐᓇᕆᐊᖃᕐᓂᖏᓈᑦ.
ᐃᓱᒪᒃᑯᑦ ᐊᒃᓲᑭᑎᖃᖅᑐᑦ ᑐᑭᓯᐊᙱᒋᑐᐃᓐᓇᕆᐊᖃᖅᑐᑦ ᓱᒧᑦ ᑕᐃᒫᒃ ᐱᖅᑯᓯᖃᕐᒪᙵᕐᒥᒃ. ᑭᓯᐊᓂᓕ ᓲᕐᓗ ᑎᒥᒃᑯᑦ
ᖃᓂᒪᔪᑎᑐᑦ, ᐱᔾᔪᑎᖃᕈᓐᓇᕐᒥᔪᑦ ᐊᔾᔨᒌᙱᒋᑦᑐᓂᒃ ᐱᐅᓯᓇᓗᒍ ᐅᑦᑐᓐᓃᑦ ᐊᓯᖏᓐᓂᒃ ᐱᔾᔪᑎᖃᕐᓗᓂ, ᑭᓯᐊᓂᓕᑦᑕᐅᖅ
ᐃᑲᔪᖅᑕᐅᔾᔪᑎᒃᓴᖃᕆᕗᖅ ᐄᔭᒐᕐᓂᒃ/ᐃᓅᓕᓴᐅᑎᓂᒃ.

ᐅᑯᐊ ᑎᑎᖅᖃᐅᓯᒪᔾᔪᑎᖃᖅᐳᑦ ᑐᑭᓯᒋᐊᕈᑕᐅᖁᑦᑐᒋᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔩᑎᖃᖅᑐᓄᑦ, ᐊᒻᒪ ᐆᒃᑐᕋᐅᑎᑕᖃᐅᖅᓯᑎᒃ
ᑐᑭᓯᒋᐊᓪᓚᒍᑎᒃᓴᓂᒃ. ᐅᔾᔨᖅᑐᕆᓇᕐᓂᖅ ᖃᐅᔨᒍᑕᐅᔪᓐᓇᖅᑐᓂᒃ, ᐱᔾᔪᑕᐅᔪᓂᒃ ᐊᒻᒪ ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᓂᒃ ᑭᒃᑯᑐᐃᓐᓇᕐᓄᑦ ᐊᒻᒪ
ᐃᓚᒌᓄᑦ ᑐᑭᓯᐊᓂᖅᓴᐅᕆᐊᖅ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᖅᑑᑉ ᒥᒃᓵᓄᑦ ᐊᒻᒪ ᐃᑲᔪᖅᑕᐅᔪᓐᓇᕐᓂᕐᒧᑦ ᑐᒃᓯᕋᓇᐊᖅ.

ᑭᓇᑐᐃᓐᓇᖅ ᐃᓱᒪᒃᑯᑦ ᐊᔩᑎᒃᓕ ᐃᓱᒪᖅᓲᑎᖃᙱᓚᖅ (ᐊᐅᓚᑦᓯᒍᓐᓇᙱᓚᖅ) ᐱᐅᓯᕐᒥᓂᒃ ᐊᒻᒪ ᐃᒃᐱᒋᔾᔨᒥᓂᒃ ᖃᓄᑐᐃᓐᓇᖅ. ᑐᑭᓯᒐᓱᐊᖅᑐᒃᓴᐅᕗᒍᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔩᑎᖃᖅᑐᓂᒃ, ᐊᒻᒪ ᐃᑲᔪᖅᑕᐅᒍᒪᔾᔪᑎᒋᓗᒍ. ᐃᓱᒪᒃᑯᑦ ᐊᒃᓯᑭᑭᑎᖃᕐᓂᖅ ᓲᕐᓗ ᐊᔾᔨᖃᙱᒪᑦ ᑎᒥᒃᑯᑦ ᐋᓐᓂᐊᓂᒃᑯᑦ, ᐊᒻᒪ ᐊᑐᐃᓐᐅᔪᖃᖅᐳᖅ ᐃᑲᔪᖅᑕᐅᔾᔪᑎᒃᓴᓂᒃ ᐃᓱᐊᖅᓴᕐᓂᖅᓴᐅᓂᕐᒧᑦ ᑕᒪᑐᒧᖓ.

ᓱᓇᐅᒻᒪᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᕐᓂᖅ?

ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᕐᓂᖅ (ᑕᐃᒪᐃᑐᐃᓐᓇᖏᓐᓂᖅ) ᑐᑭᖃᖅᐳᖅ ᐊᒃᓱᐊᓗᒃ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᕐᓗᓂ ᐃᓱᒪᒃᑯᑦ ᐊᒻᒪ ᐊᔾᔨᐅᔭᓐᓇᐃᕐᓗᓂ ᐱᐅᓯᖓ ᐅᕝᕙᓘᓐᓃᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᕈᓐᓇᕐᓗᓂ ᐅᑯᓂᖓ:

- ᐃᒃᐱᓐᓂᐊᓂᒃᑯᑦ (ᐃᓱᒪᒃᑯᑦ);
- ᐱᐅᓯᕐᒥᒍᑦ;
- ᐃᒃᐱᓐᓂᐊᔾᔭᑎᖏᑎᒍᑦ (ᓲᕐᓗ, ᑐᓵᓂᒃᑯᑦ (ᓯᐅᑎᒃᑯᑦ) ᐊᒻᒪ ᑕᑯᕙᑦᑐᓂ ᑕᑯᒃᓴᐅᖏᑦᑐᓂᒃ ᐊᒻᒪ ᐃᒃᐱᓐᓂᐊᕆᔭᖃᖅᐸᑦᑐᓂ)
- ᐃᓱᒪᒥᒍᑦ;
- ᑐᑭᓯᐊᓂᒃᑯᑦ ᓱᕙᑦᓚᐊᔭᓂᒃ;
- ᖃᓄᖅ ᐅᖃᖃᑎᖃᕈᓯᖓ ᐊᓯᒥᓂᒃ

ᑕᒪᑦᑕ ᓄᒫᓯᓲᒍᕗᒍᑦ ᐅᕝᕙᓘᓐᓃᑦ ᕿᒃᓵᓲᒍᕗᒍᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᐆᒻᒪᓇᓐᓂᖅᓴᐅᓲᖑᒻᒥᔪᑦ ᐊᒻᒪ ᖁᕕᐊᑦᑕᑳᓪᓕᓲᖑᓪᓗᑕ ᐱᔾᔨᑎᖃᓗᐊᕐᓇᑕ, ᐅᕝᕙᓘᓐᓃᑦ ᐃᓱᒪᒍᓐᓇᑦᔨᐊᓲᖑᓇᑕ ᐃᓛᓐᓂ, ᐅᕝᕙᓘᓐᓃᑦ ᐃᒻᒥᓄᑦ ᐅᖃᓚᒪᓗᑕ, ᐅᕝᕙᓘᓐᓃᑦ ᐃᓱᒪᕆᔭᖃᐅᔭᐃᓐᓇᕐᓗᑕ ᑖᑦᓱᒥᖓᑦᓴᐃᓐᓇᖅ, ᓄᖅᑲᐅᑎᔭᓐᓇᖏᓐᓗᒍ. ᑕᒪᒃᑯᐊ ᑕᒪᕐᒥᒃ ᐱᐅᓯᐅᕗᑦ ᑭᒃᑯᑐᐃᓐᓇᓐᓄᑦ. ᑭᓯᐊᓂᓕ ᑭᓇᑐᐃᓐᓇᖅ ᐃᓱᒪᒃᑯᑦ ᑕᐃᒪᐃᑐᐃᓐᓇᕈᓐᓇᐃᑐᐊᕐᒥ, ᑕᒪᒃᑯᓂᖓ ᐱᐅᓯᖃᓯᓲᑦ ᐊᒻᒪ ᐃᓱᖃᑦᑕᓕᖅᓯᑎᒃ, ᐊᒻᒪ ᐱᖅᑯᓯᖏᑦ ᐊᓯᔾᔨᖅᑕᓗᐊᓕᖅᓯᑎᒃ (ᐃᒃᐱᓐᓇᓗᐊᖅᑐᒥᒃ), ᐱᐅᓯᓐᓇᖏᑕᖕᓗᓄᑦ.

ᐊᔾᔨᒌᙱᑦᑐᓂᒃ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᑦ ᖃᐅᔨᔭᐅᔾᔪᑎᖃᓲᖑᒐᓗᐊᑦ ᐊᔾᔨᒌᙱᑦᑐᓂᒃ, ᑭᓯᐊᓂᓕ ᑕᒪᒃᑯᐊ ᐃᓱᒪᒃᑯᑦ ᐊᑲᐅᔭᓐᓇᐃᖅᑐᑦ ᐅᔾᔨᕐᓇᓪᓚᓇᑦᑐᒥᒃ ᐊᓯᔾᔨᓲᑦ ᐅᑯᓅᓇᑎᒍᑦ ᐱᖓᓱᐊᑎᒍᑦ - ᐃᓱᒪᒍᓯᖓ, ᐃᒃᐱᓐᓂᐊᓂᖓ ᐃᓱᒪᒃᑯᑦ ᐊᒻᒪ ᐱᐅᓯᖓ (ᐱᖅᑯᓯᖓ).

ᐅᒃᑯᐊ ᑕᕝᕙ ᐊᑖᓃᑦᑐᑦ ᐆᑦᑐᕋᐅᑕᐅᔪᑦ ᐅᔾᔨᕐᓇᖅᑐᒻᒪᕆᐊᓗᒻᒥᒃ ᐊᓯᔾᔨᓂᐊᓄᑦ ᖃᐅᔾᔭᑕᐅᔪᓐᓇᖅᑐᑦ, ᐃᓱᒪᒃᑯᑦ, ᐃᒃᐱᓐᓂᐊᓂᒃᑯᑦ ᐊᒻᒪ ᑐᑭᓯᐊᓂᒃᑯᑦ:

- ᑐᓵᓂᖓ, ᑕᑯᒍᓐᓇᕐᓂᐊ, ᓇᐃᒪᓂᖓ ᐱᐅᓯᕐᓱᕈᓐᓇᐃᕐᓗᑎᒃ;
- ᓱᓚᙱᑦᑐᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ ᑕᒻᒪᖅᑐᓂᒃ ᐅᒃᐱᓇᔭᖃᖃᑦᑕᕐᓂᖅ (ᓲᕐᓗ: ᑐᖁᑕᐅᓇᓯᐊᖅᑐᕆᓗᓂ; ᖃᐅᔨᒪᔭᒻᒪᕆᐊᓗᒻᒥᓪᓘᓐᓃᑦ ᓇᓪᓕᒋᔭᖃᕐᓯᕆᓗᓂ; ᒎᑎᐅᔭᕆᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᖃᐅᔨᒪᔭᒻᒪᕆᐊᓘᔭᕆᓗᓂ);
- ᐃᓱᒪᐃᓐᓇᐅᔮᓗᓕᕐᓗᓂ ᐊᑕᐅᓯᕐᒥᒃ ᐊᒻᒪ ᐃᓱᒪᒋᔭᖓ ᐊᓯᔾᔨᑭᓐᓇᐃᓪᓚᖃᑦᑕᕐᑐᓂ;
- ᐃᓱᒪᒃᓴᖅᓯᐅᑦᓯᐊᕈᓐᓇᖏᓐᓗᓂ (ᐃᓱᒪᖓ ᐊᓯᔾᔨᖅᑕᕐᑐᓂ);
- ᐃᓱᒪᒋᔭᕋᓗᐊᒥᓂᒃ ᐋᖅᑭᒃᓯᐃᔭᓐᓇᐃᓪᓚᕙᓚᕐᓗᓂ;
- ᑕᐃᒪᙵᑐᐃᓐᓇᖅ ᐃᓱᒫᓗᑉᐸᓐᓂ ᐊᒻᒪ ᓄᖅᑲᖓᓗᒍᓐᓇᖏᓪᓗᓂ.

ᐅᔾᔨᕐᓇᖅᑐᒃᑯᑦ ᐊᓯᔾᔨᕐᓂᕆᒍᓇᖅᑕᖏᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐱᐅᓯᕐᒥᒍᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᒋᓕᕈᓇᖅᑕᖏᑦ:

- ᓯᓂᓗᐊᖅᑐᐊᓘᖅᑕᓕᖅᐸᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᓯᓂᒍᓐᓇᐃᓕᕙᓪᓗᓂ;
- ᐃᒃᐸᑦᑐᕈᓘᕙᓪᓘᓂ ᐊᒻᒪ ᐃᒻᒥᓂᒃ ᑲᒪᒋᑦᓯᐊᖏᓪᓗᓂ;
- ᑭᒃᑯᑐᐃᓐᓇᓐᓄᑦ ᐃᓚᐅᕈᓘᓴᒃᑕᖏᑦᑐᓂ ᐊᒻᒪ ᖁᕕᐊᒋᓕᕐᓕᐅᖅᑕᒥᓂᓗ ᑲᒪᒍᓐᓇᐃᕐᓗᓂ;
- ᐃᔪᖅᑕᕐᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᕿᐊᖅᑕᕐᓗᓂ ᐱᔾᔭᑎᖅᑲᓗᐊᕐᓂ;
- ᐅᖃᓚᒪᔭᓪᓗᓂ ᑐᑭᖃᙱᑦᑐᓂᒃ;
- ᑎᒥᖓ ᓱᖏᐅᓇᙱᑦᑐᒥᒃ ᐊᐅᓚᑎᑉᐸᓪᓗᓂᐅᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐱᐅᓯᓐᓇᖏᑦᑐᒥᒃ ᐱᐅᓯᖃᓕᖅᑐᓂ (ᓲᕐᓗ: ᐅᖃᓚᒪᔭᓪᓗᓂ ᓂᐱᖅᑯᖅᑐᐊᓗᓪᓗᓂ ᐱᑕᖃᙱᑦᑐᒧᑦ; ᑎᒥᖓᓗ ᕿᕐᑕᔭᐊᓘᑐᓂ ᐅᕝᕙᓘᓐᓃᑦ ᑎᒥᖓ ᒪᑭᑕᕙᓕᕐᓗᓂ);
- ᐃᒃᐱᓐᓂᐊᕆᔭᒥᓂᒃ ᐊᐅᓚᑦᓯᒍᓐᓇᐃᓪᓕᓗᓂ (ᓲᕐᓗ: ᐱᓯᑲᑕᐃᓐᓇᓕᕐᓗᓂ ᐅᑎᖅᑕᖅᐅᔭᕐᓗᓂ; ᓂᙵᑳᓚᑦᑐᐊᓘᓕᖅᐸᓗᓂ; ᐊᔅᓚᒥᓂᒃ ᐃᕐᒥᕝᒌᓐᓇᓕᕐᓗᓂ).

ᓱᓇᐅᒻᒪᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᕐᓂᖅ?

ᐅᔾᔨᕐᓇᖅᑐᒃᑯᑦ ᐊᓯᔾᔨᕐᓂᕆᒍᓐᓇᕐᑕᖏᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᑲᐅᙱᓕᐅᑎᓇᓕᒍᓐᓇᖅᑕᖏᑦ ᐃᑉᐱᒍᓱᓐᓂᕐᒥᒍᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓱᒪᒥᒍᑦ:

- ᐊᒃᓱᐊᓗᒃ ᐃᒃᐱᓐᓂᐊᓗᓂ "ᖁᕕᐊᓱᑦᑐᒻᒪᕆᐊᓘᓂᕐᒥᒃ" ᐊᒻᒪ ᖁᕕᐊᓪᓛᒍᑎᖃᖅᑐᐊᓘᓗᓂ ᓱᓇᐅᙱᑦᑐᒥᒃ;
- ᓂᙵᐅᒪᓂᖅ, ᑲᑉᐱᐊᓱᙱᖅ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓕᒪᓱᓪᓗᓂ ᐱᔾᔪᑎᖃᙱᓪᓗᓂ;
- ᐊᒃᓱᐊᓗᒃ ᖁᕕᐊᓱᒍᓇᐃᖅᐸᓪᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᓂᕆᐅᒋᔭᒃᓴᖃᓐᓇᐃᖅᐸᓪᓗᓂ, ᐃᓛᓐᓂᒃᑯᓪᓗ ᐃᓱᒪᓕᐅᖅᐸᓪᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᐅᖃᐅᓯᖃᖅᐸᓕᕐᓗᓂ ᑐᖁᒋᐊᒥᒃ ᐃᒻᒥᓂᒃ;
- ᐃᓱᒪᖓ ᐊᓯᔾᔨᑳᓪᓚᒃᐸᓪᓗᓂ ᐊᒻᒪ ᐱᖅᑯᓯᖓ ᐊᓯᔾᔨᑳᓪᓚᑦᑕᕐᓗᓂ;
- ᐅᖃᐅᓯᖃᕈᙱᑦᑐᓂ ᖁᕕᐊᓱᓐᓂᕐᒥᒃ ᐅᕝᕙᓘᓐᓃᑦ ᓱᕈᓘᔭᕈᒪᓂᕐᒥᒃ ᖃᓄᑐᐃᓐᓇᖅ.

ᑕᐃᒪᓕ ᑭᓇᑐᐃᓐᓇᖅ ᖁᓛᓃᑦᑐᓂᒃ ᐃᓕᑕᕆᔭᐅᔾᔪᑎᒃᓴᖃᓗᐊᕈᓂ ᖁᓛᓂᒃ ᐅᖃᐅᓯᐅᓯᒪᔪᓂᒃ, ᓇᓗᓇᕐᓕᑦ ᖃᓄᐃᓕᒐᔭᕐᓂᖓ. ᐃᓛᓐᓂᒃᑯᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᓂᖅ ᐅᑎᖅᑕᐅᔭᓲᒍᕗᖅ, ᓲᖅᓗ ᑎᒥᒃᑯᑦ (ᐃᓱᒪᒃᑰᖏᑦᑐᖅ) ᐋᓐᓂᐊᔪᑦ — ᑖᓐᓇ ᐋᓐᓂᐊᓂᖅᑐᐃᓐᓇᕆᐊᖃᖅᒪᑦ, ᐱᐅᓯᒋᐊᖅᐸᓪᓗᓂ, ᐃᓱᒪᖓ ᐊᓯᔾᔨᖅᑕᕐᓗᓂ. ᐃᓛᓐᓂᒃᑯᑦ ᐊᑯᓂᐊᓗᒃ ᐃᓱᒪᒃᑯᑦ ᐊᒃᓱᕈᕈᑎᖃᑐᐃᓐᓇᕆᐊᓕᒃ, ᐅᕝᕙᓘᓐᓃᑦ ᐃᓅᓯᓕᒫᒥᓂ. ᐃᓛᓐᓂᒃᑯᑦ ᐃᓱᒪᒃᑯᑦ ᐊᑲᐅᙱᕕᓪᔭᐊᕐᐸᓪᓗᓂ ᐊᑯᓂ, ᑭᓯᐊᓂ ᐃᓛᓐᓂᒃᑯᑦ ᖃᓂᒪᕙᓪᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᖃᓄᐃᙱᓂᖅᓴᐅᓕᖅᐸᓪᓗᓂ. ᐃᓛᓐᓂᒍᓪᓗ ᐊᑕᐅᓯᕕᑐᐃᓐᓇᕐᓗᑎᒃ ᐃᓅᓯᕐᒥᓂ ᐃᓱᒪᒃᑯᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᕈᓐᓇᕐᒥᔪᑦ. ᐊᒻᒪ ᐃᓛᓐᓂᒃᑯᑦ ᐃᓱᒪᒃᑯᑦ ᐃᓱᐃᙱᓇᓱᒋᔭᐅᔪᖅ ᑎᒥᒥᒍᑦ ᐊᑲᐅᙱᒍᑎᖃᑐᐃᓐᓇᐊᖅᑎᓪᓗᒍ, ᓲᖅᓗ ᖃᓂᒪᓇᖅᑐᖃᑲᐃᓐᓇᕐᓂᖅᐸᑦ ᑎᒥᖓ ᐅᕝᕙᓘᓐᓃᑦ ᖃᕆᑕᖓᒍᑦ.

ᐊᒥᓲᒻᒪᑕ ᐊᔾᔨᒌᖏᑦᑐᑦ ᐃᓱᒪᒃᑯᑦ (ᖃᓂᒪᓃᑦ) ᐊᑲᐅᙱᓕᐅᕈᑕᐅᔪᓐᓇᖅᑐᑦ, ᐊᒻᒪ ᐊᔾᔨᒌᙱᑦᑐᓂᒃ ᖃᐅᔨᔾᔪᑕᐅᔪᓐᓇᖅᓯᑎᒃ ᐊᒻᒪ ᐱᔾᔪᑎᖃᕈᓐᓇᖅᓯᑎᒃ. ᓘᑦᑖᖅ ᐃᓕᓐᓂᐊᕈᑎᖃᖅᓯᒪᔪᑦ ᑕᒪᒃᑯᐊ ᒥᒃᓵᓄᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐋᓐᓂᐊᓯᐅᑎ ᐃᓕᓐᓂᐊᖅᓯᒪᓪᓗᓂ ᑕᒪᒃᑯᐊ ᒥᒃᓵᓄᑦ ᐃᑲᔪᕈᓐᓇᓲᖑᑦ ᑕᒪᒃᑯᓂᖓ, ᓇᓗᓇᐃᔭᐃᒥᐊᖅ ᖃᐅᔨᒍᑕᐅᕙᓪᓕᐊᒍᓐᓇᖅᑐᓂᒃ ᐊᒻᒪ ᐊᓯᖏᓐᓂᒃ ᐱᔾᔪᑕᐅᔪᓂᒃ ᐋᓐᓂᐊᖃᕐᓂᖅᑯᑦ ᐃᓱᒪᒃᑯᑦ.

ᓱᓇᒥᒃ ᐱᔾᔪᑎᖃᕐᒪᑦ ᐊᔪᕈᑎᖃᕐᓂᖅ ᐃᓱᒪᒃᑯᑦ?

ᓱᓕ ᑕᐃᒪᙵᑦ ᐃᓕᑉᐸᓪᓕᐊᕗᒍᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᕐᓂᐅᑉ ᒥᒃᓵᓄᑦ. ᖃᐅᔨᒪᒪᒐᓗᐊᖅᑐᒍᑦ ᖃᓄᑕᖏᑕ ᐊᔾᔩᙱᓐᓂᖏᓐᓂᖏᒍᑦ, ᐃᓚᒌᑦ ᖃᓄᐃᑦᑑᓂᖏᑎᒍᑦ, ᐊᒃᓱᕈᕐᓂᒃᑯᑦ ᐃᓅᓯᕐᒥ, ᐊᒻᒪ ᐄᖅᑲᕐᓂᕐᓗᒻᒧᑦ (ᐃᒥᐊᓗᒻᒥᒃ/ᐋᙵᔮᓇᖅᑐᓂᒃ/ᐊᓯᖏᓐᓂᓪᓗ) ᐱᔾᔪᑕᐅᔪᓐᓇᕐᒪᑕ ᐊᔾᔩᙱᑦᑐᑦ. ᖃᓄᑕᒃᑯᓪᓕ ᐊᑲᐅᙱᒍᑎᖃᖅᑐᑦ ᐊᐅᓚᒍᓯᐊ, ᓴᓇᓯᒪᓂᐊ ᖃᓄᑕᐅᑉ ᐱᔾᔪᓯᓇᓪᓗᒍ, ᐋᓐᓂᕐᓂᑰᑉᐸ ᖃᓄᑕᒃᑯᑦ, ᓂᕆᑦᓯᐊᖃᑦᑕᖅᓯᒪᙱᓐᓂᖅ ᑎᒥᒧᑦ ᐱᐅᔪᓂᒃ, ᐄᖅᑲᕐᓂᕐᓗᓐᓂᖅ, ᐊᓯᖏᓪᓗ...ᐅᕝᕙᓘᓐᓃᑦ ᑲᑎᓪᓗᒋᑦ ᐱᔾᔪᑕᐅᔪᓐᓇᖅᑐᑦ. ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᕈᓐᓇᖅᐳᑦ ᐃᓚᖏᑦ ᐱᐅᓯᓇᓚᐅᕈᓂᐅᒃ ᐃᓅᓕᖅᓗᑎᒃ (”ᑭᖑᕚᖏᓐᓃᙵᖅᑐᖅ” ᐅᕝᕙᓘᓐᓃᑦ ᐱᐅᓯᓇᓚᐅᖅᑕᖓ ᐃᓅᓕᖅᓯᓂ), (“genetic” or inborn) ᖃᓪᓗᓈᑎᑐᑦ. ᐃᓚᖏᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑕᐅᔪᑦ ᐱᔾᔪᑎᖃᕈᓐᓇᖅᑐᑦ ᐃᓅᓯᕐᒥᒃ ᐅᕝᕙᓘᓐᓃᑦ ᑕᖃᓗᐊᕐᓂᕐᒥ, ᐱᓗᐊᖅᑐᒥ ᑭᓇᑐᐃᓐᓇᖅ ᐃᓅᓕᕐᓂᖅᐸᑦ ᑕᐃᒪᓐᓇ ᐱᐅᓯᖃᓈᕐᓗᓂ (ᐱᔾᔪᑎᖃᑲᐅᖅᑐᕐᓂᖅᓴᐅᔪᓐᓇᕐᒪᑦ ᐊᓯᖏᓐᓂᑦ) ᐋᓐᓂᐊᓕᓇᐊᖅ. ᖃᐅᔨᓴᖅᑎᒻᒪᓇᐅᔪᑦ ᑕᒪᓐᓇ ᑕᐃᔭᙵ ᖃᓪᓗᓈᑎᑐᑦ “double hit” “ᒪᕐᕈᐃᓕᙵᕙᒥᒃ ᐃᓱᒪᖃᕐᓂᖅ” ᑐᑭᓕᐅᖅᓯᒪᔭᙵᑎᒍᑦ — ᑕᒪᓐᓇ ᑐᑭᓕᒃ ᑕᒪᒃᑮᖅᓯᓂᖅ, ᐱᐅᓯᑐᖃᓇᓪᓗᒍ ᐊᒻᒪ ᐃᓅᓯᕐᒥᓂ ᑕᖃᓂᕐᒧᑦ ᐊᒃᓱᕈᕈᑎᖃᕐᓂᖅ ᐃᓱᒪᒃᑯᑦ. ᓲᕐᓗ, ᐃᒫᒃ ᑭᓇᑐᐃᓐᓇᖅ ᐃᓅᓕᕐᓂᖅᐸᑦ ᐱᐅᓯᖃᕐᓗᓂ ᖃᓄᑕᙵᒍᑦ ᐊᑲᐅᙱᒍᑎᖃᓇᐊᖅ, ᐱᐅᓯᖅᑖᕈᓐᓇᖅᑐᖅ ᕿᒃᓵᑦᓴᖃᐃᓐᓂᖅᓴᐅᕆᐊᖅ ᐊᓯᒥᓂᑦ ᓲᕐᓗ ᐊᕕᓐᓂᒃᑯᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᐃᒥᐊᓗᓕᕈᓂ ᐊᓯᖏᓐᓂᓪᓗᓐᓃᑦ ᐋᖑᔮᕐᓇᖅᑐᓂᒃ ᐊᑐᕈᓂ.

ᑲᓅᕐᓕ ᐃᓱᒪᒃᑯᑦ ᐋᔩᕈᑎᖃᖅᑐᑦ ᐃᑲᔪᕐᑕᐅᔪᓐᓇᕐᐸᑦ?

ᒪᓕᒃᑐᒍ ᖃᓄᑎᒋ ᐊᑲᐅᖕᖏᑦᒍᑎᖃᕐᓂᖓ ᐃᓱᒪᒃᑯᑦ, ᑕᒪᒃᑯᐊ ᓘᑦᑖᑦ ᐊᒻᒪ ᐊᓯᖏᑦ ᐃᓱᒪᓕᕆᓂᕐᒧᑦ ᐃᑲᔪᖅᑎᐅᔪᑦ ᐊᑐᖅᑎᑦᓯᕙᑦᑐᑦ ᐃᓅᓕᓴᐅᑎᓂᒃ ᐊᒻᒪ ᐅᖃᐅᔾᔪᐃᓂᒃᑯᑦ ᐃᑲᔪᕐᓂᕐᒥᒃ. ᐃᓅᓕᓴᐅᑏᑦ ᐊᑐᖅᑕᐅᓲᖑᔭᑦ ᖃᓇᑕᕐᒧᑦ ᐃᑲᔫᑕᐅᓪᓗᑎᒃ, ᐊᒻᒪ ᐊᔾᔨᒌᖕᖏᑦᑐᓂᒃ ᐱᑕᖃᖅᐸᖅ ᐃᑲᔪᕈᑎᒃᓴᓂᒃ ᐄᔭᕗᕐᓂᒃ. ᑕᒪᒃᑯᐊ ᐃᑲᔪᖅᑕᐅᔾᔪᑏᑦ (ᐄᔭᕗᐃᑦ) ᖃᐅᔨᓴᖅᑕᐅᓯᒪᔪᑦ ᐊᒻᒪ ᐊᑦᑕᕐᓇᖕᖏᑦᑐᑦ ᐊᑐᖅᑕᐅᑦᓯᐊᕈᑎᒃ; ᐊᒻᒪ ᐊᔪᓕᕈᑕᐅᔪᓐᖏᑦᑐᑦ (ᐱᖕᖏᓇᕈᒥᓐᖏᑦᑐᑦ) ᐊᑐᖅᑕᐅᑦᓯᐊᕈᑎᒃ. ᑕᐃᒪᓕ ᐄᔭᕘᖅᑕᖏᑦ ᖃᓄᐃᓐᓇᖅ ᐊᒃᑐᐃᓐᓂᕐᓗᒃᐸᑕ, ᑕᒪᒃᑯᐊ ᐊᒃᑐᕐᓂᓪᓗᒍᑕᐅᔪᑦ ᐃᒃᐱᓐᖏᓐᓂᖅᓴᐃᑦ (ᐃᓱᓖᓗᓐᓇᖏᓐᓂᖅᓴᐃᑦ) ᐊᒃᓯᕈᕈᑎᕐᑳᓂᖔᓂᑦ ᐃᓱᒪᒃᑯᑦ. ᐱᖅᑯᓯᐅᖕᒍᔭᐃᓐᓇᐅᔭᕐᒪᑦ ᐅᓗᓇᐊᓯᒃᑐᓂᒃ ᐄᔭᕗᓇᐊᖅ ᐱᔾᔪᑎᒋᓪᓗᒍ ᐃᓱᒪᒍᓯᓇᔭᐅᕙᓐᓂᖏᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᑦ, ᐊᒻᒪ ᐅᖃᐅᓯᓇᔭᐅᓲᖑᓪᓗᑎᒃ ᐄᔭᕗᖏᑦ ᐊᑎᓪᓕᑦᑖᖕᖏᑦᑕᖕᖓᓂᒃ ᑕᐃᓪᓗᒋᑦ “ᑐᑭᖃᑦᓯᐊᓇᖕᖏᑦᑐᑦ ᐄᔭᕗᐃᑦ” (“crazy pills”) ᐅᕙᓘᓐᓃᑦ ᐃᓱᒪᒋᔭᐅᔪᓇᒍᑎᒋᑐᐃᓐᓇᐊᖃᒪᐅᒃ (“weak” or “crazy”) “ᓴᖕᖏᓪᓗᐊᕐᓂᕐᒧᑦ” ᐅᕙᓘᓐᓃᑦ “ᑐᑭᖃᖕᖏᑦᑐᐊᓘᔪᓇᔭᐅᒋᐊᖅ”. ᑕᒪᒃᑯᐊ ᐅᖃᐅᓰᑦ ᓯᓕᖕᖏᑦᑐᑦ ᓰᖃᐃᒻᒪ, ᐊᒻᒪ ᐱᒻᒪᕆᐊᓘᕗᖅ ᐅᖃᐅᓯᕆᔭᐅᖃᑦᑕᖅᑐᒃᓴᐅᓂᖏᑦ ᑐᑭᓯᐊᕙᓪᓕᐊᒍᑕᐅᓗᔭᕐᒪᑕ. ᐅᖃᐅᔾᔪᐃᓂᒃᑯᑦ ᐃᑲᔪᖅᑕᐅᓰᑦ ᓄᑖᓂᒃ ᐃᓱᒪᒍᓯᖅᑕᖅᐸᓪᓕᐊᑎᓐᓇᓯᐊᖅᓯᓯᑦ ᐊᒻᒪ ᐱᐅᓯᖅᑖᖅᑎᕆᐊᕋᓯᐊᖅᓯᓯᑦ ᐃᑲᔪᕋᓯᐊᒧᑦ ᐃᓅᒍᓯᖕᒪᓂ, ᐊᐅᓚᑦᓯᒍᓇᖁᓪᓗᒍ ᐱᐅᓯᖅᑕᓇᕞᖅᓯᒪᓕᖅᑕᖕᒪᓂᒃ ᐊᒻᒪ ᐃᑲᔪᕋᓯᐊᕐᓗᒍ ᓱᖕᖏᐅᑎᕙᓪᓕᐊᒪᓯᐊᓇᐊᖅ ᐊᓯᔾᔨᕐᓂᖕᒪᓄᑦ. ᓲᕐᓗ ᐃᓖᒃ, ᐋᖅᑭᒃᓯᐃᕐᑲᑎᕆᓪᓗᑎᒃ ᐊᑲᐅᓂᖅᓴᐅᓇᓯᐊᖅᑐᒥᒃ ᐱᐅᓯᖅᑲᕋᓯᐊᕐᓂᕐᒧᑦ ᐊᒻᒪ ᐃᓱᒪᒍᓯᖅᑲᖅᐸᓪᓕᐊᓂᕐᒧᑦ ᐃᑲᔪᖅᑕᐅᔭᕐᑎᒋᔭᖅᑕᖕᒥᓂᒃ ᑲᑕᒃᓯᒪᖃᑦᑕᕐᓂᐊᓂᑦ ᖁᕝᕙᓇᐊᕈᑎᒃᓴᖕᖏᓐᓂᒃ.

ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᑦ ᐃᑲᔪᖅᑕᐅᓂᖏᑦ ᐊᒻᒪ ᒪᓕᒐᖅ

ᑭᓇᑐᐃᓐᓇᖅ ᐊᔭᐅᖅᑕᐅᔪᓐᓇᙱᓚᖅ ᐊᑐᖁᔭᐅᓗᓂ ᐋᔭᒐᕐᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓯᖏᓐᓂᒃ ᐃᑲᔪᕈᑎᒃᓴᓂᒃ ᐃᓱᒪᒃᑯᑦ ᐊᑲᐅᙱᒍᑎᖃᕐᓂᖓ ᐱᔾᔪᑎᒋᓗᒍ, ᑎᒥᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓱᒪᒃᑯᑦ. ᑐᑭᓯᐊᔭᐅᔭᕆᐊᖃᖅᑐᑦ ᐊᒻᒪ ᐊᖏᕈᑎᖃᖅᑳᕐᓗᑎᒃ ᐃᑲᔪᖅᑕᐅᔾᔪᑎᒃᓴᓄᑦ (ᐋᔭᒐᕐᓄᑦ). ᐃᓛᓐᓂᓕᐅᓯᖓᖅ ᐃᓱᒪᒃᑯᑦ ᐊᑲᐅᙱᒍᑎᖃᓕᖅᑐᖅ ᐊᑦᑕᓇᖅᓯᒍᓐᓇᖅᑐᖅ ᐃᒻᒥᓄᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓯᒥᓄᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᐃᒻᒥᓂᒃ ᑲᒪᑦᓯᐊᕈᓐᓇᐃᓐᓂᓂ ᐅᔾᔨᕆᔪᓐᓇᐃᕐᓗᓂᐅᒃ, ᐊᒻᒪ ᑐᑭᓯᐊᙱᓪᓗᓂᐅᒃ. ᑕᒪᒃᑯᐊ ᐱᔾᔪᑎᒋᓪᓗᒋᑦ, ᑲᓇᑕᐅᑉ ᐊᕕᑦᑐᖅᓯᒪᓂᐊᒍᑦ ᐊᒻᒪ ᐅᑭᐅᖅᑕᖅᑐᒥ ᐱᖁᔭᖃᖅᐳᑦ (ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᓂᒃ ᐱᖁᔭᓂᒃ, Mental Health Act) ᓇᓗᓇᐃᖅᓯᓯᒪᔪᓂᒃ, ᖃᓄᖅ ᐊᒻᒪ ᓱᒍᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᑦ ᖃᐅᔨᓴᖅᑕᐅᖃᑦᑕᕈᓐᓇᕐᒪᖔᑕ ᐅᕝᕙᓘᓐᓃᑦ ᐃᑲᔪᕐᑕᐅᖃᑦᑕᕋᔭᕐᒪᖔᑕ ᐃᑲᔪᕈᑎᒃᓴᓂᒃ ᑖᓐᓇ ᐃᓱᒪᒃᑯᑦ ᐊᑲᐅᙱᒍᑎᖃᖅᑐᖅ ᐊᖏᕈᑎᖃᖅᑳᕐᓗᑎᒃ.

ᑕᒪᓐᓇ ᐊᑐᖅᑕᐅᖏᒃᑲᓗᐊᖅᑎᓪᓗᒍ, ᑭᓯᐊᓂ ᑖᓐᓇ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᓕᖅᑐᖅ ᐃᑲᔪᖅᑕᐅᔪᓐᓇᕐᒪᑦ ᖃᐅᔨᓴᖅᑕᐅᓂᐊᖅᑎᓪᓗᒍ ᐅᕝᕙᓘᓐᓃᑦ ᐃᑲᔪᖅᑕᐅᓂᐊᖅᑎᓪᓗᒍ, ᐊᖏᙱᒃᑲᓗᐊᖅᐸᑦ. (ᓲᕐᓗ ᐃᒫᒃ, ᑖᓐᓇ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᖅ ᑐᑭᓯᐊᒍᓐᓇᐃᓪᓕᑉᐸᑦ ᐊᔪᕈᑎᖃᓕᕋᓗᐊᕐᓗᓂ). ᑕᐃᒪᙵᓕᒫᑲᓴᓪᓕ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᓕᖅᑑᑉ ᐃᓚᖏᑦ ᖁᔭᓕᑐᐃᓐᓇᓲᖑᕗᑦ ᐃᑲᔪᖅᑕᐅᓚᐅᕆᐊᒥᒃ. ᑕᐃᒪᓕ ᐊᖏᖅᓯᒪᙱᑎᓪᓗᒍ ᐋᓐᓂᐊᕕᒻᒧᐊᖅᑕᐅᑎᒐᓯᐊᓇᐊᖅᐸᑦ, ᒪᓕᒐᖃᖅᐳᖅ ᐊᑐᖅᑕᐅᔭᓐᓇᖅᑐᓂᒃ ᐊᒻᒪ ᓱᒋᐊᖃᙱᑕᐅᔪᓂᒃ ᖃᐅᔨᓴᕐᓂᕐᒧᑦ ᐊᒻᒪ ᐃᑲᔪᖅᑕᐅᔾᔪᑎᒃᓴᖏᓐᓄᑦ, ᐊᒻᒪ ᖃᓄᖅ ᖃᐅᔨᓴᖅᑕᐅᖏᓐᓇᕈᓐᓇᕋᔭᕐᒪᖔᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᑲᔪᖅᑕᐅᒥᐊᖃᕋᔭᕐᒪᖔᑦ, ᑭᓇ ᑭᒡᒑᖅᑐᖅᑎᖓ ᐊᖏᕈᑎᖃᕈᓐᓇᕋᔭᕐᒪᖔᑦ (ᓲᕐᓗ ᐃᒫᒃ, ᐃᓚᖏᑦ), ᐊᓯᖏᓐᓂᓪᓗ ᐱᔾᔪᑎᖃᕐᓗᑎᒃ. ᑕᒪᒃᑯᐊ ᐱᖁᔭᐃᑦ/ᒪᓕᒐᐃᑦ ᓴᐳᒻᒥᐅᑕᐅᔪᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᒧᑦ. ᓘᑦᑖᑦ, ᐋᓐᓂᐊᓯᐅᑏᑦ/ᓇᔭᙳᐊᑦ, ᐃᖅᑲᖅᑐᐃᔩᑦ, ᓄᓇᓕᓐᓂ ᐃᖅᑲᖅᑐᐃᔨᖅᑖᑦ ᐊᒻᒪ ᐸᓖᓯᒃᑯᑦ ᐊᑐᐃᓐᓇᖅᑎᑦᓯᔪᓐᓇᕐᒥᔪᑦ ᑐᑭᓯᒋᐊᒃᑲᓐᓂᕈᑎᒃᓴᓂᒃ ᑕᒪᒃᑯᐊ ᒥᒃᓵᓄᑦ.

ᖃᓄᐃᑦᑑᓂᖓᑦ ᐊᔾᔩᓐᖏᑦᑐᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕆᑕᐅᕙᑦᑐᑦ: *ᐃᓱᒪᒃᑯᑦ ᐊᓯᔾᔩᖅᑕᕐᓂᖅ Schizophrenia*

ᒪᓗᓐᓇᑭᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᓯᕗᓪᓕᖅᐹᒥ ᐅᔾᔨᓇᔭᐅᖅᑳᕿᓐᓇᖅᑐᑦ: ᑭᒃᑯᑐᐃᓐᓇᖅᓄᑦ ᐃᓚᐅᒐᓚᖅᑕᕆᓐᓇᐃᖅᓂᖅ; ᓱᕆᔫᔭᖅᑕᕆᒪᒍᓐᓇᐃᖅᓗᓂ ᖁᕖᐊᕆᔭᕖᓂᖅᒥᓂᒃ; ᓇᓗᓕᑲᓂᖅᓴᐅᕝᓕᖅᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᐃᒃᐱᓐᓂᐊᓂᖅᑰᔫᓐᖏᓐᓂᖅᓴᐅᓗᓂ; ᓂᓪᓕᕋᐃᑦᑑᓕᖅᓗᓂ; ᑕᖅᑲᐃᓐᖅᑐᐊᓘᓗᓂ.

ᖃᐅᔨᒋᐊᓪᓚᒍᑕᐅᔪᓐᖅᑐᑦ: ᐃᓱᒪᖓᑕ ᓇᓗᓕᖅᓯᒪᓂᖓ; ᓱᓕᓐᖏᑦᑐᓂᒃ ᐱᓪᓚᕆᐅᓐᖏᑦᑐᓂᓗ ᐅᒃᐱᕈᓱᒃᑕᓕᕐᓂᖅ; ᐱᑕᖃᓐᖏᑦᑐᓂᒃ ᑐᓵᓂᖅ ᐊᒻᒪ ᑕᑯᒃᑕᓕᕐᓂᖅ; ᑕᐃᒫᑐᐃᓐᓇᐅᓐᖏᑦᑐᒻᒪᕆᒃ ᐱᖅᑯᓯᖃᓕᕐᓗᓂ; ᐅᖃᓪᓚᓐᓂᖓ ᑕᐃᒪᐃᑐᐃᓐᓇᕈᓐᓇᕐᓗᓂ.

ᐃᓱᒪᒃᑯᑦ ᐊᓯᔾᔩᖅᑕᕐᓂᕐᒥᒃ ᐊᑲᐅᓐᖏᒋᐅᑎᓕᒃ; ᐃᓱᒪᖅᑕᑐᐃᓐᓇᓇᐊᓕᒃ ᐃᓕᒪᓱᓪᓗᓂ ᐊᒻᒪ ᑐᓐᖓᓇᓐᖏᑦᑐᐊᓘᓗᓂ.

ᓯᓚᕐᔭᒥ 1,ᐳᓯᓐ ᐃᓄᒋᐊᓐᓂᖏᑦ ᐊᑲᐅᓐᖏᓕᐅᕈᑎᖃᓖᓐᖑᕗᑦ ᐃᓱᒪᒃᑯᑦ ᐊᓯᔾᔩᖅᑕᕐᓂᕐᒥᒃ (schizophrenia). ᐊᖑᑏᑦ ᐅᕕᒃᑲᕈᖅᓯᒪᔪᖃᓕᖅᑐᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᕐᖀᒍᖅᑲᓕᖅᑐᑦ 20,ᖏᓐᓂ ᑕᒪᑐᒥᖓ ᐊᑲᐅᖕᒋᒍᑎᖃᕐᒍᔪᑦ, ᐊᒻᒪ ᐊᕐᓇᐃᑦ ᐊᕐᖀᒍᓂᒃ 20,ᓂᒃ ᐊᓂᒍᐃᓕᕐᓯᑎᒃ ᑕᒪᑐᒫᖓ ᐊᒃᑐᕐᑕᐅᓂᖅᐸᑦᑐᑦ. ᐃᓚᖏᑦ ᐃᓛᓐᓂᒃᑯᑦ ᑭᓯᐊᓂ ᐊᑲᐅᖕᒋᓕᐅᕈᑎᖅᑐᐃᓐᓇᓇᐊᖅᑲᖅᑐᑦ ᐊᑕᐅᓯᐊᕐᓗᑎᒃ ᐊᒻᒪ ᑭᖑᓂᐊᒍᑦ ᑕᒪᐃᓕᒃᑲᓐᓂᖕᒋᑐᐃᓐᓇᓇᐊᖅᑲᓕᕐᓗᑎᒃ. ᐃᓚᖏᓪᓗ ᐊᑕᐅᓯᐊᖕᒋᓪᓗᑎᒃ ᐊᑲᐅᖕᒋᓕᐅᕈᑎᖅᐸᓪᓗᑎᒃ; ᖃᓄᐃᓐᓂᖃᓗᐊᖕᒋᒍᑎᒋᓗᒍ ᐃᓅᓯᖅᒥᒍᑦ. ᐃᓛᖏᓪᓗ ᐊᑲᐅᖕᒋᓕᐅᕈᑎᖅᐸᓪᓕᐊᑐᐃᓐᓇᕈᓐᓇᖅᑐᑦ ᐊᒻᒪ ᐊᒃᓯᐊᓗᒃ ᐊᑲᐃᓪᓕᐅᕈᑎᒋᓂᐊᓕᕐᓗᒍ ᐃᓅᓯᓕᒫᒥᓂ.

ᐱᔾᔪᑎᖓ

ᑐᑭᓯᐊᔭᐅᑦᓯᐊᖏᑦᑐᖅ ᓱᓕ. ᐱᔾᔪᑎᖃᑐᐃᓐᓇᓇᐊᖅᑲᖅᑐᑦ ᐊᑕᐅᓯᐅᖕᒋᑦᑐᒥᒃ. ᓇᓗᓇᖕᒋᑦᑑᓚᓗᐊᖅ ᐅᑯᐊ ᐱᔾᔪᑕᐅᖅᑰᔮᓂᖕᒋᑦ, ᐱᐅᓯᑐᖃᓄᓗᓂᐅᒃ ᐃᓅᓕᖅᓗᓂ, ᐊᒻᒪ ᐊᑐᖅᑕᒥᓂᒃ ᐱᔾᔪᑎᖃᖅᓗᓂ. ᑕᖅᑲᓗᐊᖅᑲᖅᑕᖅᓂᖅ ᐃᓱᒪᒃᑯᑦ ᐱᔾᔪᑕᐅᑐᐃᓐᓇᓇᐊᖅᑲᖅᒪᑦ ᐃᓱᒪᒃᑯᑦ, ᖃᓄᑕᒃᑯᑦ, ᐃᓱᒪᒃᑯᑦ ᐊᔪᕆᑕᐅᓕᖅᓗᓂ.

ᓇᓗᓇᖕᒋᓪᓚᓇᑦᑐᖅ ᖃᓄᑕᐅᑉ ᓴᓇᓯᒪᓂᐊᒍᑦ ᑕᒪᐃᔾᔭᑕᐅᔪᓐᓂᖏᓐᓚ. ᐄᔭᒐᐃᑦ/ᐃᓅᓕᓴᐅᑏᑦ.

ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐅᖃᐅᔾᔭᐃᓂᒃᑯᑦ ᐄᔭᒐᖁᔭᐅᕝᕕᓪᓗᑎᒃ ᐊᒻᒪ ᓱᖏᐅᑎᓇᓯᐊᕐᓂᒃᑯᑦ ᐱᖅᑯᓯᓂᓕᖅᑕᖓᓄᑦ ᖃᐅᔨᒍᑕᐅᕙᓪᓕᐊᔪᓂᒃ. ᖃᓂᒪᖃᓪᓚᖅᑐᑦ ᐃᓱᒪᒃᑯᑦ ᐊᒻᒪ ᐃᓚᖏᑦ ᐅᖃᐅᔾᔭᐃᓂᒃᑯᑦ ᐃᑲᔪᖅᑕᐅᕙᓪᓗᑎᒃ ᖃᓄᖅ ᐃᓅᓯᖃᓇᐊᖃᓪᓚᓂᖏᓐᓄᑦ ᐊᒻᒪ ᐃᑲᔪᖃᑎᒌᑦᑐᒃᓴᐅᓂᖏᑕ ᒥᒃᓵᓄᑦ.

ᐃᓱᒪᒃᑯᑦ ᐊᒃᓱᕈᕈᑎᖃᖅᑐᖅ ᐃᑲᔪᖅᑕᐅᕙᓪᓗᓂ ᐃᓅᓯᖓᒍᑦ, ᐃᖅᑲᓇᐃᔭᕐᓂᖓᒍᑦ, ᐊᒻᒪ ᐃᒻᒥᓂᒃ ᑲᒪᑦᓯᐊᕐᓂᕐᒧᑦ, ᐊᒻᒪ ᓄᓇᖅᑲᑎᖃᐅᑦᓯᐊᕐᓯᐊᕐᓂᕐᒧᑦ. ᐱᒻᒪᕆᐅᕗᖅ ᐊᖏᖅᑲᖅᑕᓯᐊᓇᐊᖅᑲᖏᓐᓂᖅ ᐊᒻᒪ ᐃᓅᓯᖓᓂ ᐊᒃᓯᐊᓗᐊᖅᑕᐃᓕᓂᖅ.

(ᖃᐅᔨᒪᔾᔪᑎ): ᓴᓐᖏᔪᑦ ᐄᔭᒐᐃᑦ ᐊᑲᐅᖕᒋᑦᑐᒥᒃ ᐃᒃᐱᓐᓂᐊᒍᑕᐅᔪᓐᓇᕐᒪᑕ, ᑕᒪᐃᒻᒪᑦ ᐃᓛᓐᓂᒃᑯᑦ ᐄᔭᒐᕈᒪᖕᒋᑐᐃᓐᓇᓇᐊᖅᑲᖅᑐᑦ.)

ᓯᕗᓪᓕᖅᐹᒥ ᐊᑐᓇᐅᕐᓂᖅ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᕐᓂᕐᒥᒃ (ᐊᑲᐅᙱᒍᑎᖃᓕᕐᓂᕐᒥᒃ) *First-Episode Psychosis*

ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᑦ (psychosis) ᖃᐅᔨᒪᑦᓯᐊᕈᓐᓇᐃᓲᖑᕗᑦ ᑕᐃᒫᑐᐃᓐᓇᕈᓐᓇᐃᓂᕐᒧᑦ. ᐃᓛᓐᓂᒃᑯᑦ ᐱᑕᖃᙱᑦᑐᒥᒃ ᑐᓵᖃᑦᑕᕐᓗᓂ, ᑕᑯᕙᓪᓗᓂ ᑕᑯᒃᓴᐅᙱᑦᑐᓂᒃ, ᐊᒻᒪ ᐊᒃᑐᖅᑕᐅᔪᓇᕙᓪᓗᓂ ᐱᑕᖃᙱᑦᑐᒧᑦ, ᓯᓚᔪᖅᓴᐸᙱᓪᓗᓂᓗ ᓱᓇᑐᐃᓐᓈᕐᓂᒃ, ᐊᒻᒪ ᐊᒃᓯᐊᓗᒃ ᑲᒪᓇᖅᑐᓂᒃ ᐱᖅᑯᓯᖃᓕᖅᐸᓪᓗᓂ.

ᒪᓗᓐᓇᕈᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᓯᕗᓪᓕᖅᐸᒥ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑳᑐᐃᓐᓇᓂᐊᓕᒃ ᐅᓂᒃᑲᓄᑦ.

ᖃᐅᔨᒋᐊᓪᓚᒍᑕᐅᔪᓐᓇᖅᑐᑦ: ᑐᑭᓕᐊᖅᑐᒥᒃ ᐃᓱᒪᒍᙱᓪᓗᓂ, ᐃᖅᑲᐅᒪᑦᓯᐊᕈᙱᓪᓗᓂ, ᑐᑭᓯᐊᑦᓯᐊᖏᓪᓗᓂ; ᐃᓱᒪᓕᐅᖅᐸᓪᓗᓂ ᐅᖃᓕᒪᕙᓪᓗᓂᓗ ᑐᑭᖃᙱᑦᑐᓂᒃ; ᐅᖃᓕᒪᖃᑎᖃᕈᓐᓯᐊᖏᓪᓗᓂ ᑭᓇᑐᐃᓐᓇᕐᒥᒃ; ᓱᓕᙱᑦᑐᓂᒃ ᐅᒃᐱᓇᓴᖃᖅᐸᓪᓗᓂ; ᑐᓵᕙᓪᓗᓂ, ᑕᑯᕙᓪᓗᓂᓗ ᐱᑕᖃᙱᑦᑐᓂᒃ, ᐅᕝᕙᓘᓐᓃᑦ ᓇᐃᒪᕙᓪᓗᓂ ᓇᐃᓴᒃᓯᐅᖏᑦᑐᒥᒃ; ᐃᓱᒪᓕᖅᐸᓪᓗᓂ ᓱᒃᑲᓕᔪᒥᒃ ᐅᕝᕙᓘᓐᓃᑦ ᓱᒃᑲᐃᓗᐊᖅᑐᒥᓪᓘᓐᓃᑦ; ᑎᒥᒃᑯᑦ ᐆᒻᒪᓃᓪᓗᓂ; ᐃᓚᐅᔪᒪᓯᐊᖅᐸᒍᓐᓇᐃᖅᓗᓂ ᑭᒃᑯᑐᐃᓐᓇᓄᑦ ᐅᕝᕙᓘᓐᓃᑦ ᓱᑭᓘᓴᖅᑐᓄᑦ; ᐃᒃᐱᒍᓱᓐᓂᖓ ᐃᓱᒪᒃᑯᑦ ᐊᓯᔾᔨᖅᑕᖅᓗᓂ; ᐊᒻᒪ ᐅᔾᔨᕐᓇᖅᑐᒻᒪᕆᒻᒥᒃ ᓱᖏᐅᓇᙱᑦᑐᓂᒃ ᐱᖅᑯᓯᖃᕈᓐᓇᖅᓗᓂ.

ᖃᐅᔨᓴᐅᑉᐸᓪᓕᐊᖅᑕᕈᓐᓇᖅᑐᑦ ᓱᒃᑲᐃᑦᑐᒥ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓯᔾᔨᕚᓪᓚᓗᓂ.

ᐱᔾᔪᑎᖓ

ᐃᓱᒪᒃᑯᑦ ᐊᓯᔾᔨᓲᖑᕗᑦ (ᐊᒃᓱᕈᓕᓲᖑᕗᑦ) ᖃᓇᑕᒃᑯᑦ, ᑭᓯᐊᓂ ᓱᒍᑦ ᑕᐃᒪᐃᓲᖑᒻᒪᖔᑕ ᓱᓕ ᑐᑭᓯᐊᔭᐅᓚᐅᙱᑦᑐᖅ. ᑕᒪᑐᒧᖓ ᐃᓱᒪᒃᑯᑦ ᐊᒃᓱᕈᕐᓂᕐᒧᑦ ᑐᑭᓯᐊᔭᐅᑦᓯᐊᕈᓐᓇᙱᒻᒪᑕ, ᑭᓯᐊᓂᑦᑕᐅᖅ ᐱᔾᔪᑎᖃᕈᓐᓇᖅᑐᖅ ᐃᒥᐊᓗᒻᒧᑦ/ᐋᖓᔮᕐᓇᖅᑐᓄᑦ, ᐃᓱᒪᒃᑯᑦ ᐊᓯᔾᔨᖅᑕᖅᓗᓂ, ᑕᖃᔪᐊᓘᓕᖅᐸᓪᓗᓂ, ᖃᓇᑕᙵᒍᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖅᓗᓂ, ᐅᕝᕙᓘᓐᓃᑦ ᐊᔪᕈᑎᖃᖅᐸᓪᓕᐊᓗᓂ ᐃᓱᒪᖓ ᐊᓯᔾᔨᖅᑕᕐᓂᕐᒧᑦ.

ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐃᓅᓕᓴᐅᑏᑦ/ᐄᔭᒐᐃᑦ.

ᐃᑲᔪᖅᑕᐅᕙᓪᓗᑎᒃ ᐅᖃᐅᔾᔪᐃᓂᒃᑯᑦ ᑭᓇᑐᐃᓐᓇᕐᒥᒃ ᐊᒻᒪ ᐃᓚᖏᓐᓂᒃ.

ᓯᕗᓪᓕᖅᐸᒥ ᑕᐃᒪᐃᓕᔪᕕᓂᐅᑉᐸᑦ ᐱᐅᓯᑐᖃᒥᓄᑦ ᐅᑎᖅᐸᓪᓕᐊᓂᖓ ᒪᓕᒃᑲᓴᖅᑐᑦ ᓱᓇᒥᒃ ᑕᐃᒪᐃᔾᔪᑎᖃᕐᓂᐊᓄᑦ. ᑭᓯᐊᓂ ᖃᐅᔨᓴᖅᑎᐅᔪᑎᒍᑦ ᖃᐅᔨᓯᒪᕗᑦ ᐃᑲᔪᖅᑕᐅᑦᓴᐅᑎᑭᔪᑦ, ᐃᑲᔪᖅᑕᐅᑦᓴᐅᑎᒋᓂᖅᓴᐅᔪᓐᓇᕐᒥᒃ ᐱᐅᓯᑐᖃᒥᓄᑦ ᐅᑎᖅᐸᓪᓕᐊᓂᖅᓴᐅᔪᓐᓇᖅᓯᑎᒃ.

ᐃᓱᒪᒃᑯᑦ ᐊᓯᔾᔨᖅᑕᕐᓂᖅ (ᐃᒃᐱᓐᓂᐊᓂᒃᑯᑦ, ᐃᓱᒪᒃᑯᑦ) *Mood (feeling) Disorders*

ᒪᓗᓐᓇᕈᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᐆᒃᑑᑏᑦ ᐃᓱᒪᐅᑉ ᐊᓯᔾᔨᖅᑕᕐᓂᐊᓄᑦ:

- ᑖᓐᓇ ᑐᑭᓕᒃ ᖃᓪᓗᓈᑐᑦ, (Bipolar disorder) ᑕᐃᔭᐅᕙᓚᐅᖅᑐᖅ ᖃᓪᓗᓈᑐᑦ, (manic-depression), ᓄᒫᓱᓐᓂᖅ - ᕿᒃᓵᓐᓂᖅ): ᐃᑳᓐᓂᓚᐅᓯᙵᖅ ᓄᒫᓱᑦᑐᐊᓘᕙᓪᓗᓂ ᐊᒻᒪ ᐃᑳᓐᓂᒃᑯᑦ “ᖁᕕᐊᑦᑕᑲᐃᓈᓗᑉᐸᓪᓗᓂ”, ᐆᒻᒪᓇᑦᓯᐊᕐᓗᓂ, ᓄᖅᑲᙵᒍᓐᓇᑦᓯᐊᖏᓪᓗᓂ, ᐸᕝᕕᓴᐃᓪᓗᓂ, ᑖᑦᓯᒥᙵᑦᓴᐃᓐᓇᖅ ᐃᒃᐱᒍᓯᑯᑖᒍᓐᓇᖏᓪᓗᓂ, ᓂᓪᓕᖁᔪᓪᓗᓂ, ᐊᓯᖏᓪᓗ. ᐃᒃᐱᒍᓯᑦᓯᐊᖃᑦᑕᖏᓪᓗᓂ - ᓲᕐᓗ, ᑯᔭᓐᓂᒃᑯᑦ ᐃᒃᐱᒍᓯᑦᓯᐊᖏᓐᓂᖅ ᐅᕙᓗᓐᓃᑦ ᑮᓇᐅᔭᓂᓪᓗ ᐊᑐᓇᐊᖅ ᐃᓱᒪᓕᐅᕈᑎᒋᓐᖏᓪᓗᒋᑦ. ᐃᓱᒪᙱ (ᐃᒃᐱᓐᓂᐊᓂᙱ ᐊᓯᔾᔨᖅᑕᖅᑐᓂ - ᓲᕐᓗ, ᖁᕕᐊᓯᒃᑐᐊᓘᓚᐅᕐᓗᓂ ᓂᙵᒃᓴᖃᐃᓕᖅᑲᑦᑕᕐᓗᓂ ᑲᑕᓴᖃᐃᓪᓗᓂᓗ.

ᐱᔾᔪᑎᖓ

ᖃᓇᑕᙵᑕ ᐱᖅᑯᓯᙵᒍᑦ ᐊᑲᐅᙱᒍᑎᖃᑐᐃᓐᓇᓇᐊᖃᖅᑐᖅ, ᑕᒪᒃᑭᖅᓯᓗᓂ ᐱᖅᑯᓯᙵᒍᑦ ᐊᒻᒪ ᐱᔾᔪᑕᐅᔪᓂᒃ ᐃᓅᓯᙵᓄᑦ.

ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐃᓅᓕᓴᐅᑏᑦ/ᐄᔭᒐᐃᑦ.

ᐅᖃᐅᔾᔨᐃᓂᒃᑯᑦ ᐃᑲᔪᖅᑎᖃᕐᓂᒃᑯᑦ (ᓲᕐᓗ, ᐃᓕᓴᐃᓂᒃᑯᑦ ᐃᓱᒪᒃᑯᑦ ᐊᑲᐅᙱᐅᑎᖃᖅᑐᒥᒃ ᑐᑭᓯᑎᓐᓇᓯᐊᕐᓗᒍ ᐊᑲᐅᙱᓕᐅᕈᑎᙵᓂ ᐊᒻᒪ ᖃᓄᖅ ᐃᑲᔪᖅᑕᐅᔪᓐᓇᕐᓂᙱᓐᓂᒃ, ᐊᓯᔾᔨᕐᓯᐊᕐᓂᕐᒧᑦ ᐃᓱᒪᒍᓯᙵᓂᒃ, ᓯᓂᑦᓯᐊᖅᑲᑦᑕᖅᓯᕙᓪᓕᐊᓂᕐᒧᑦ, ᐃᓚᐅᖃᑦᑕᓕᕐᓂᒃᑯᓪᓗ ᖃᓄᑐᐃᓐᓇᖅ ᐃᓄᓐᓄᑦ).

ᑎᒥᐅᔪᑦ ᐃᑲᔪᖅᑎᒃᓴᐃᑦ.

ᐃᓱᒪᒃᑯᑦ ᐊᓯᔾᔨᖅᑕᕐᓂᖅ (ᐃᒃᐱᓐᓂᐊᓂᒃᑯᑦ, ᐃᓱᒪᒃᑯᑦ) *Mood (feeling) Disorders*

ᒪᓘᓇᕈᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

- ᕿᐅᒃᓵᓐᓂᖅ, Depression: ᑲᑦᓯᒪᔪᐊᓘᓗᑎᒃ, ᐃᓱᒪᓗᕐᓗᑎᒃ, ᓂᕆᐅᓐᓂᖃᙱᓪᓗᓂᒃ; ᐃᓅᓯᕐᒥᒃ ᐃᓚᓐᓇᕆᔭᒥᓂᓪᓗ ᐃᒃᐱᒋᔭᖃᑦᓯᐊᕈᓇᐃᕐᓗᓂ; ᓂᕆᒍᓯᙱᑦ ᐊᓯᔾᔨᕐᓗᓂ ᐊᒻᒪ ᓯᓂᒍᓯᙱᑦ (ᓂᕆᓗᐊᓕᕐᓗᓂ ᓂᕆᙱᓗᐊᓕᕐᓗᓂᓘᓐᓃᑦ); ᐃᓱᒪᕙᓕᕐᓗᓂᓘᓐᓃᑦ ᑐᖁᓂᕐᒥᒃ ᐅᕙᓘᓐᓃᑦ ᑐᖁᒍᒪᕙᓕᕐᓗᓂ; ᐃᓱᒪᓕᐅᕈᓐᓇᙱᓪᓗᓂᓗ, ᐊᓯᙱᓪᓗ. ᑕᒪᒃᑯᐊ ᐃᓱᒪᒋᔭᐅᒃᑲᑕ ᐃᓱᐃᓐᖏᒍᑕᐅᓕᕐᓂᖏᑦ ᐃᓱᒪᒃᑯᑦ ᑲᑕᒃᓯᒪᒍᑕᐅᓚᖏᐊᖏᑦ, ᐅᑕᖅᑭᒋᐊᖃᕋᔭᕐᒥᔪᑦ ᐱᓇᓱᐊᕈᓰᓐᓂᒃ ᒪᕿᓐᓂᒃ ᑕᐃᒪᐃᓪᓚᑦᑖᓕᕐᒪᖔᑦ. (ᐱᔾᔪᑎᒋᓗᒍ ᐃᓚᖏᑦ ᐊᑯᓂᐅᙱᑦᑐᖅ ᑕᐃᒫᒃ ᐱᐅᓯᖃᑐᐃᓐᓇᐊᖃᕐᒪᑕ ᓂᕆᐅᓐᓂᖃᑦᓯᐊᙱᓐᓂᕐᒧᑦ ᐅᕙᓘᓐᓃᑦ ᓯᓂᒍᓐᓇᑦᓯᐊᙱᓪᓗᑎᒃ, ᐊᓯᙱᓪᓗ. ᕿᓯᐊᓂᑦᑕᐅᖅ, ᑕᒪᒃᑯᐊ ᐱᔾᔪᑕᐅᕙᓗᐊᖅᑎᓪᓗᒋᑦ, ᐃᑲᔪᖅᑕᐅᓂᒃᑯᑦ ᐃᓱᒪᒃᑯᑦ ᖁᕙᕆᐊᕈᓐᓇᕐᒥᔪᑦ, ᐅᕙᓘᓐᓃᑦ ᐃᒻᒥᓂᒃ ᖃᓄᐃᙱᓐᓂᖅᓴᐅᓕᕈᓐᓇᕐᒥᔪᑦ, ᐅᓪᓗᑦ ᐊᒥᓲᓐᖏᑦᑐᑦ ᐊᓂᒍᖅᑎᓪᓗᒋᑦ. ᑕᐃᒪᓕ ᐱᓗᐊᕐᓂᖅᑕᐅᓚᔭᖅᐳᖅ ᐊᑯᓂᐊᓗᒃ ᑲᑕᒃᓯᒪᑲᑕᑐᐃᓐᓇᖅᐸᑦ, ᓄᒫᓱᑐᐃᓐᓇᖅᐸᑦ.

ᐱᔾᔪᑎᖓ

ᖃᓄᑕᒃᑯᑦ ᐊᑲᐅᙱᑦᑐᑎᖃᕐᓂᖅ ᐃᓅᓕᕐᓂᑰᓗᓂ ᐱᐅᓯᕆᓗᒍ, ᑕᖃᒪᕚᓪᓗᓂ, ᐃᒥᐊᓗᒻᒥᓪᓘᓐᓃᑦ ᐋᖑᓚᔾᔭᕐᓇᖅᑐᓂᓪᓗ ᐊᓯᙱᓐᓂᒃ ᐊᑐᕐᓂᒃᑯᑦ, ᐊᓯᙱᓪᓗ, ᐅᕙᓘᓐᓃᑦ ᑕᒪᒃᕿᓯᓗᓂ.

ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐃᔭᕋᕐᓗᑎᒃ ᐊᒻᒪ/ᐅᕙᓘᓐᓃᑦ ᐅᖃᐅᔾᔪᖅᑕᐅᓂᒃᑯᑦ ᐃᑲᔪᕐᑎᖃᓗᑎᒃ (ᓲᕐᓗ ᐃᒪᒃ: ᐃᓱᒪᙱᑦ ᐊᓯᔾᔨᖅᑕᕐᓗᓂ; ᐱᐅᔪᓂᒃ ᐃᓱᒪᒋᐊᖅ; ᐋᖅᑭᒃᓱᐃᓗᑎᒃ ᐱᓕᕆᐊᒃᓴᙱᓐᓂᒃ ᐊᒻᒪ ᓄᓇᖅᑲᑎᒌᓐᓂᕐᒧᑦ; ᐋᖅᑭᒃᓱᐃᕙᓯᐊᕐᓂᕐᒧᓪᓗ ᐊᑲᐅᙱᓕᐅᕈᑕᐅᔪᓂᒃ).

ᕿᑲᕈᓐᓇᐃᓪᓕᓂᒃᑯᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᕐᓂᖅ *Anxiety Disorders*

ᐊᒥᓲᒻᒪᑕ ᐊᔾᔨᒌᙱᑦᑐᑦ ᓄᖅᑲᙵᒍᓐᓇᙱᓐᓂᖏᑦ ᐊᑲᐅᙱᓕᐅᕈᑕᐅᔪᓐᓇᖅᑐᑦ.

ᒪᓗᓐᓇᕈᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᖃᓄᐃᑦᑐᑐᐃᓐᓇᐃᑦ: ᐃᓱᒪᓘᑦᑐᒻᒪᕆᐊᓘᑉᐸᓪᓗᓂ, ᑲᑉᐱᐊᓱᑉᐸᓪᓗᓂ, ᓂᕆᐅᙱᓐᓇᐅᔭᕐᓗᓂ ᐊᑲᐅᓈᙱᑦᑐᓂᒃ ᓯᕗᓂᕐᒥ; ᓯᓂᑦᑎᐊᕋᑕᕈᓇᙱᓇᖅ ᓄᑭᙱᑦ ᓱᑲᙵᐸᓪᓗᑎᒃ, ᐅᐃᔾᔭᙳᓂᖅ, ᐃᓚᐅᔪᓐᓇᖅᐸᙱᓪᓗᓂ ᓱᕈᓘᔭᖅᑐᓄᑦ, ᐊᓯᙱᓪᓗ. ᐅᑯᐊ ᐆᒃᑐᕋᐅᑏᑦ ᐊᔾᔨᒌᙱᑦᑐᓂᒃ ᓄᖅᑲᙵᒍᓐᓇᐃᓪᓕᓂᒃᑯᑦ ᐊᑲᐅᙱᓕᐅᕈᑕᐅᔪᓐᓇᖅᑐᓄᑦ:

- Obsessive-Compulsive Disorder: ᐱᐅᓯᖃᖅᐸᓪᓗᓂ ᓄᖅᑭᑎᔭᙱᑕᒥᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓱᒪᖃᖅᐸᓪᓗᓂ, ᑖᒃᑯᓂᙵᑦᓴᐃᓐᓇᖅ;
- Phobia: ᐃᓱᒪᒃᑯᑦ/ᑎᒥᒃᑯᑦ ᓱᑲᙵᓗᓂ ᐊᒻᒪ ᑲᑉᐱᐊᓱᐃᓐᓇᕐᓗᓂ ᓱᓇᐅᙱᑦᑐᒥᒃ (ᓲᕐᓗ: ᖃᙵᑕᕆᐊᖅ, ᐃᓪᓗᒥᑦ ᐊᓂᕆᐊᖅ);
- Panic Disorder: ᑲᑉᐱᐊᓱᓕᑳᓪᓚᓐᓂᖅ ᐊᒻᒪ ᐅᐃᒻᒪᑳᓪᓚᓐᓂᖅ (ᑎᒥᙵᒍᑦ ᖃᐅᔨᓇᕐᓗᓂ ᓲᕐᓗ ᐅᐃᔾᔭᙳᓂᒃᑯᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐊᓂᖅᓴᖅᑐᑦᓯᐊᕈᓐᓇᐃᓪᓕᓂᖅ) ᐱᔾᔪᑎᖃᙱᓪᓗᓂ;
- Post-traumatic Stress Disorder: ᑲᑉᐱᐊᓱᐃᓐᓇᐅᔭᕐᓗᓂ ᐃᓱᒪᒃᑯᑦ, ᓯᓐᓇᑦᑐᖅᐸᓪᓗᓂ ᐹᔪᐊᓗᓐᓂᒃ ᐅᕝᕙᓘᓐᓃᑦ ᑲᑉᐱᐊᓱᒃᐸᓪᓗᓂ ᐊᑐᖅᓯᒪᔭᒥᓂᒃ.

ᐱᔾᔪᑎᖓ

ᖃᓇᑕᙵᑕ ᐱᖅᑯᓯᙵᒍᑦ ᐊᑲᐅᙱᒍᑎᖃᑐᐃᓐᓇᓇᐊᖅᑲᖅᑐᖅ, ᑕᒪᒃᑭᓯᓗᓂ ᐱᖅᑯᓯᙵᒍᑦ ᐊᒻᒪ ᐱᔾᔪᑕᐅᔪᓂᒃ ᐃᓅᓯᙵᓄᑦ.

ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐃᓚᖏᓐᓄᑦ ᐄᔭᒐᑕᖅᑲᖅᐳᖅ ᐃᑲᔪᕈᑎᒃᓴᓂᒃ ᓄᖅᑲᙶᕈᑎᐅᔪᓐᓇᖅᑐᓂᑦ, ᓲᕐᓗ ᐊᒃᓱᕈᕈᑎᖃᓗᐊᖅᑐᓄᑦ ᐃᓱᒪᒃᑯᑦ, ᐅᕝᕙᓘᓐᓃᑦ ᓄᒫᓱᓗᐊᕐᓂᖏᑦ

ᐅᖃᐅᔾᔭᐃᓂᒃᑯᑦ ᐃᓱᒪᒃᑯᑦ ᐊᒃᓱᕈᕈᑎᖃᖅᑐᑦ ᐃᑲᔪᖅᑕᐅᔪᓐᓇᖅᐳᑦ ᓄᑖᒥᒃ ᐃᓱᒪᒍᓯᕐᒥᒃ ᐊᒻᒪ ᐱᐅᓯᖓᓄᑦ ᐊᑐᕈᓐᓇᖅᑕᙱᓐᓂᒃ ᓯᙱᐅᑎᓂᕐᒧᑦ.

ᐃᓛᓂᐊᖅᑎᑕᐅᔪᓐᓇᖅᑐᑦ ᐃᑲᔪᖅᑕᐅᓇᓱᐊᕐᓗᑎᒃ ᓄᖅᑲᙵᑦᓯᐊᕈᓐᓇᖅᓯᓂᕐᒧᑦ ᐊᒻᒪ ᐃᓱᒫᓗᒍᑎᖃᖅᑎᑦᑐᕆᑦ ᐃᑯᓪᓚᐅᒥᑎᓇᓱᐊᕐᓗᕆᑦ - ᓘᑦᑖᑎᒍᑦ ᑕᐃᔭᐅᔪᖅ ᖃᓪᓗᓈᑎᑐᑦ, "desensitization" "ᐃᑉᐱᒍᓯᓕᖅᑭᒍᓐᓇᓂᕐᒥᑦ". ᐃᓱᐊᖅᓯᓂᖅᓴᐅᓕᖅᓴᕐᒪᑦ ᐃᓱᒪᒃᑯᑦ ᐅᐃᒻᒪᔫᕐᓂᖏᑦ, ᓄᖅᑲᙶᕈᑕᐅᓕᕐᓗᓂ.

ᐃᒻᒥᒃᑯᑦ (ᐱᖅᑯᓯᒃᑯᑦ) ᐊᑲᐅᙱᓕᐅᑎᖃᕐᓂᖅ *Personality Disorders*

ᐅᓄᖅᑎᒋᒻᒪᑕ ᖁᓖᑦ (10) ᐅᖓᑖᓄᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑕᐅᔪᓐᓇᖅᑐᑦ.

ᒪᓗᓐᓇᕈᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᑕᒪᓐᓇ ᐱᑐᐃᓐᓇᐅᖏᒻᒪᑦ ᐊᒻᒪ ᐊᑯᓂᒻᒪᕆᐊᓗᒃ ᐱᐅᓯᖕᖓᒍᑦ ᐊᑲᐅᙱᒍᑎᖃᕈᐃᓐᓇᖅᑐᒥᒃ ᖃᐅᔨᓇᓱᐊᕆᐊᖅ, ᐊᒻᒪ ᐃᓱᒪᒃᑯᑦ ᐊᒃᓱᕈᕈᑎᖃᕐᓂᐅᖏᒻᒪᖕᖔᑦ. ᐱᐅᓯᖕᖓᓄᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᕈᓐᓇᖅᐳᑦ ᐊᔾᔨᒌᙱᑦᑐᓂᒃ ᐅᑯᓂᖓ: ᐃᓚᓐᓈᖅᑲᓪᓚᑦᑖᕈᓐᓇᖏᓪᓗᑎᒃ ᐊᓯᒥᓂᒃ; ᓂᙵᒃᔪᐊᖅᐸᓐᓂᖅ, ᐃᓚᓐᓂᖏᑦᑐᐊᓘᓂᖅ; ᖁᓄᐃᓐᓇᐅᔫᓗᓪᓗᓂ ᐊᒻᒪ ᐊᔭᐅᓇᕈᓘᔭᖅᐸᓪᓗᓂ; ᐱᖅᑯᓯᖓ ᐃᓱᒪᒃᑯᑦ ᓄᖅᑲᖓᖅᓯᒪᒍᓐᓇᖏᓐᓂᖅ; ᐃᒻᒥᓂᒃ ᑕᑯᖅᑯᑎᒍᓐᓇᖏᓐᓂᖅ ᐃᓱᐃᙱᓕᐅᕈᑎᓕᐅᓕᖁᐊᕈᓂ. ᑕᒪᒃᑯᐊ ᑭᒃᑯᑐᐃᓐᓇᐃᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᖅᑐᑦ, ᑕᐃᒪᙵᓚᒫᑲᕆᒃ ᐅᔾᔨᕐᓇᖅᑐᓂᒃ ᐃᓱᒪᒃᑯᑦ/ᐱᖅᑯᓯᖓᒍᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᓲᑦ, ᐊᒃᓯᐊᓗᒃ ᐊᓯᔾᔨᑦᓴᐅᑎᒋᔭᙱᑦᑐᒥᒃ.

(ᐆᒃᑑᑕᐅᔪᑦ ᑦᑯᓗᒋᑦ ᒪᒃᐱᖅᑐᓚᐅᔪᒥᑦ)

ᐱᔾᔪᑎᖓ

ᖃᓇᑕᖓᒍᑦ ᐱᐅᓯᕐᓗᑐᐃᓐᓇᓇᐊᓕᒃ ᐅᕙᓗᓐᓃᑦ ᐃᓱᒪᒃᑯᑦ ᐋᓐᓂᕐᓴᖁᐃᓪᓗᓂ, ᑕᒪᒃᑭᖅᓯᓗᓂᓗᓐᓃᑦ ᐃᓅᓯᕐᒥᓄᑦ ᐊᑲᐅᙱᒍᑕᐅᓯᒪᔪᓂᒃ, ᓈᕐᓗ ᓱᕈᓯᐅᑎᓪᓗᒍ ᐱᓂᕐᓗᒃᑕᐅᓂᕈᓂ, ᑲᒪᒋᔭᐅᑦᓯᐊᕐᓂᖏᒃᑯᓂ ᐅᕙᓗᓐᓃᑦ ᐊᒃᓱᕈᖅᓯᒪᓗᐊᕈᓂ, ᖁᐊᖅᓵᓇᖅᑐᒃᑰᖅᓯᒪᒍᓂᓗᓐᓃᑦ.

ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐱᑐᐃᓐᓇᐅᖏᑦᑐᖅ/ᐊᒃᓱᕈᕐᓇᖅᑐᖅ ᑕᒪᓐᓇ ᐱᔾᔪᑎᒋᓪᓗᒍ ᐊᔪᕈᑎᖃᓕᖅᑐᖅ/ᐃᓱᐃᙱᒍᑎᖃᖅᑐᖅ ᐃᓱᒪᒃᑯᑦ, ᐃᒻᒥᓂᒃ ᑕᑯᔪᓐᓇᖏᑐᐃᓐᓇᓇᐊᖅᑲᖅᓂᖏᓐᓄᑦ ᐊᑲᐅᙱᒍᑎᖃᓕᖅᓯᖅᒥᓂᒃ. ᐱᓗᐊᖅᑐᒥᒃ ᑕᒪᒃᑯᐊ ᑭᒃᑯᑐᐃᓐᓇᖅᓄᑦ ᐃᓚᐅᖅᑲᑦᑕᕿᒪᓖᖕᒍᙱᑦᑐᑦ ᐱᓪᓚᓇᖅᓂᖅᓴᐃᑦ ᐃᑲᔪᖁᓯᐊᓇᐊᖅ.

ᐅᖃᐅᔾᔪᐃᓂᒃᑯᑦ ᐃᑲᔪᖅᑎᒃᓴᖃᖅᓗᓂ ᐃᑲᔪᖁᔭᖅᑐᒥᒃ ᑐᑭᓯᒋᐊᓪᓚᑦᓯᐊᕐᓂᕐᒧᑦ ᐃᒻᒥᓂᒃ ᐊᒻᒪ ᐊᓯᒥᓂᒃ, ᐊᒻᒪ ᐃᓱᒪᒍᓯᖕᖓᓄᑦ ᐊᓯᔾᔨᓇᐊᖅᑎᑦᓯᓇᓱᐊᕐᓂᕐᒧᑦ ᐊᑲᐅᓂᖅᓴᒧᑦ. ᐃᓛᓐᓂᒃᑯᑦ ᐄᔭᓚᐃᑦ, ᐃᑲᔪᕈᑕᐅᔪᓐᓇᖅᐳᑦ ᐱᓗᐊᖅᑐᒥᒃ ᑕᐃᒪᐃᑦᑐᓂᒃ ᖃᓂᒪᖅᑲᓕᖅᑐᒧᑦ ᐃᓱᒪᒃᑯᑦ, ᓄᖅᑲᖓᕈᓐᓇᖅᓯᓪᓗᓂ ᐊᒻᒪ ᓄᒫᓯᖅᑲᑦᑕᖅᑐᒧᑦ, ᖁᒃᓵᖅᑲᑦᑕᖅᑐᒧᑦ.

ᐃᒻᒥᒃᑯᑦ (ᐱᖅᑯᓯᒃᑯᑦ) ᐊᑲᐅᖕᖏᓕᐅᑎᖃᕐᓂᖅ *Personality Disorders*

ᒪᓗᓐᓇᑭᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᐅᑯᐊ ᒪᖅᑮᒃ ᐱᑐᐃᓐᓇᐅᖕᖏᓐᓂᖅᐹᒃ ᐆᒃᑐᕋᑕᐅᔫᒃ:

- Borderline Personality Disorder: ᐃᓱᒪᖅᑲᓂᖅ ᑲᑦᑕᖅᓯᓂ-ᕐᑯᕝᕙᖅᑕᖅᑐᒥᒃ, ᐊᐃᑉᐸᖅᑲᕆᓐᖏᓪᓗᓂᓗ ᑖᑦᓯᒥᖕᒐᑦᓴᐃᓐᓇᖅ; ᐃᓛᓐᓂᒃᑯᑦ ᓂᖕᖓᐅᒪᔭᐊᓘᕙᓪᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᕿᒃᓵᑦᑐᐊᓘᕙᓪᓗᓂ; ᐃᓱᒪᖕᒐ ᐊᓯᔾᔨᖅᑕᖅᓗᓂ ᐱᔾᔪᑎᒃᓴᖅᑲᓗᐊᖕᖏᒃᑲᓗᐊᖅᓗᓂ (ᓲᖅᓗ ᐃᒦᒃ, ᓇᓪᓚᒍᓯᑦᑐᐊᓗᓚᐅᖅᓗᐊᖅᓗᓂ ᓂᖕᒐᑦᑐᐊᓘᕙᓪᓗᓂ ᐅᕝᕙᓘᓐᓃᑦ ᓯᓐᓇᔭᐊᓘᓚᖅᐸᓪᓗᓂ); ᖁᔭᓈᖅᑕᐅᔭᓇᓪᓚᑦᑖᖅᐸᓪᓗᓂ ᐃᓛᓐᓂᒃᑯᑦ; ᐃᓱᒪᓕᐅᕆᑎᖃᖕᖏᑦᓯᐊᖅᓗᓂ ᓱᕆᐊᖅᐸᓪᓗᓂ ᐊᒻᒪ ᐊᑦᑕᓇᖅᓯᕙᓪᓗᓂ ᐱᖅᑯᓯᖓ (ᑯᔭᑉᐸᓪᓗᓂ ᐊᑕᐅᓯᐅᖕᖏᑦᑐᒥᒃ, ᐃᒥᐊᓗᑉᐸᓪᓗᓂ/ᐋᖓᔮᖅᓇᖅᑐᓂᓪᓗ ᐊᑐᖅᐸᓪᓗᓂ; ᐃᒻᒥᓃᕋᓯᐊᑐᐃᓐᓇᓕᐊᖅᑲᖅᓗᓂ.

- Anti-social Personality Disorder: ᐱᖁᔭᖅᓂᒃ ᐃᓅᓯᖅᒍᑦ ᐊᒻᒪ ᒪᓕᒋᖅᓂᒃ ᓯᖁᒥᑦᓯᕙᓐᓂ; ᓂᖕᒐᑦᓴᕋᐃᓐᓂᖅ ᐊᒻᒪ ᐊᑦᑕᕆᓱᖕᖏᓐᓂᖅ; ᓴᓪᓗᕙᓐᓂᖅ; ᑲᒥᔭᓇᐊᖅᑲᖅᑕᒥᓂᒃ ᑲᒪᔭᓐᓇᑦᓯᐊᖕᖏᓐᓂᖅ; ᐸᓯᑦᓯᓂᖅ ᐊᓯᒥᓂᒃ; ᐃᓚᓐᓈᖅᑲᑦᓯᐊᕆᓐᖏᓐᓂᖅ.

ᐱᔾᔪᑎᖓ

ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐅᑦᑐᕋᐅᑕᐅᔪᑦ ᐊᓯᖏᑦ ᖃᓇᑕᒃᑯᑦ ᐊᑲᐅᙱᓕᐅᕈᑕᐅᔪᓐᓇᖅᑐᑦ ᐊᒃᑐᐃᓪᓗᑎᒃ ᐱᖅᑯᓯᐊᓂᒃ/ᐃᒃᐱᓐᓂᐊᓐᓂᒪᓂᒃ/ᐃᓱᒪᒍᓯᐊᓂᓪᓗ (ᐊᑯᓃᖅᑐᒥᑦ ᓈᓚᔭᐃᑦᑑᓂᖅ, ᐊᒻᒪ ᐊᑯᓃᖅᑐᒥᑦ ᓇᓚᔭᐃᙱᓂᖅ ᐅᐃᒪᔮᕐᓂᕐᒧᑦ)

ADD (Attention Deficit Disorder) and ADHD (Attention Deficit Hyperactivity Disorder)

ᒪᓐᓇᑭᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᐊᔪᕐᓗᓂ ᐊᑕᐅᓯᕐᒥᒃ ᐃᓱᒪᖃᓇᐊᖅ, ᐃᓱᒪᓕᐅᕈᑎᖃᓇᐊᖅ, ᐸᕐᓇᐃᒋᐊᖅ; ᐸᕝᕙᓴᕋᐃᓪᓗᓂ; ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑎᖃᙱᓪᓗᓂ ᓱᒋᐊᑲᓪᓚᒃᐸᓪᓗᓂ. ᐃᓚᖏᑦ ᐅᐃᒻᒪᔭᑦᑐᑦ, ᑕᐃᒪᙵᑦ ᐊᐅᓚᐅᓐᓇᐊᓖᑦ (ᓱᑭᓯᐅᑎᓪᓗᒋᑦ ᑕᒪᓐᓇ ᐅᔾᔮᕐᓇᓕᓃᓲᑦ ᑭᓯᐊᓂ ᐱᐅᓯᓇᙱᓐᓇᑭᓐᓇᕐᒥᔭᙵ ᐱᑭᖅᐸᓪᓕᐊᓗᓂ.)

ᐱᔾᔪᑎᖓ

ᓱᓕ ᖃᐅᔨᒪᔭᐅᙱᑦᑐᖅ ᐱᔾᔪᑎᖓ, ᑭᓯᐊᓂ ᖃᓇᑕᖕᒐᒍᑦ ᑕᐃᒪᓐᓇ ᐃᓅᓕᖅᑐᕕᓂᐅᔫᒃᓴᐅᔪᖅ, ᐱᐅᓯᓪᓚᑦᑖᓂᓪᓗᓂᐅᓪᓗᓐᓂᑦ. ᐱᐊᕋᐅᓪᓗᓂ ᐱᐅᓯᖕᒐᓘᓐᓂᑦ, ᐊᓈᓇᐅᔪᒧᑦ/ᐊᑖᑕᐅᔪᒧᑦ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᓂᖅ ᐅᕝᕙᓘᓐᓂᑦ ᐱᐅᓯᓂᓪᓗᒍ ᐃᓅᓕᖅᑐᕕᓂᐅᓗᓂ.

ᐃᖃᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐃᔅᓴᐃᑦ/ᐃᓅᓕᓴᐅᑏᑦ

ᐅᖃᐅᔾᔪᐃᓂᒃᑯᑦ ᐃᖃᔪᖅᑎᖃᕐᓂᖅ: ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᖅᑐᖅ ᐃᓕᓴᖅᑕᐅᓗᓂ ᓱᖏᐅᑎᒪᓯᐊᓇᐊᖅ ᐊᑐᖃᑦᑕᓕᕋᔭᖅᑕᖏᓐᓂᒃ ᖃᖓᒃᑯᑦ ᐊᒻᒪ ᖃᓄᖅ ᐱᐅᓯᕐᒥᓂᒃ ᑲᒪᑦᓯᐊᕋᓱᐊᓇᐊᖃᕐᓂᐊᓄᑦ.

ᐃᖃᔪᒃᑎᒃᓴᖃᕐᓗᑎᒃ ᐊᒻᒪ ᑐᑭᓯᒋᐊᕝᕕᒃᓴᑕᖃᕐᓗᑎᒃ ᐃᓚᔮᓂᓄᑦ.

ᓇᓗᖅᑯᑎᖃᑭᑎᓖᑦ *Autism*

ᒪᓗᓐᓇᑭᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᐊᒃᓯᐊᓗᒃ ᐊᑲᐅᙱᓕᐅᕈᑎᖃᕐᓗᓂ ᑐᓴᐅᒪᖃᑦᑕᐅᑎᓂᕐᒥᒃ, ᐃᓚᓐᓈᖃᕐᓂᕐᒥᒃ ᐊᓯᒥᓂᒃ, ᐊᒻᒪ ᑕᐃᒫᑐᐃᓐᓇᐅᙱᑦᑐᖅ ᐱᐅᓯᖃᖅᐸᓪᓗᓂ ᓄᓇᓕᓕᒫᓄᑦ. ᐊᖂᒍᖃᓕᖅᑎᓪᓗᒍ ᐱᖓᓱᓂᒃ ᖃᐅᔨᔭᐅᕙᓪᓕᐊᓕᓲᑦ ᐱᐅᓯᕐᓗᓐᓂᖏᑦ. ᐃᓚᖏᑦ ᓱᑭᓲᑦ ᐅᖃᓕᒪᒍᓐᓇᓲᖑᙱᑦᑐᑦ ᐅᕝᕙᓘᓐᓃᑦ ᐃᓵᓐᓄᑦ ᑕᐅᑐᓪᓚᑦᑖᕈᓐᓇᖅᑎᒃ ᐅᕝᕙᓘᓐᓃᑦ ᑭᐅᔪᓐᓇᖅᑎᒃ ᓂᐱᓄᑦ. ᐱᐅᓯᖃᒡᒍᔪᑦ ᐃᒃᓯᕙᓪᓗᑎᒃ ᐅᕚᔭᓇᐊᖅ ᐊᒻᒪ ᐊᒡᒐᖏᑦ ᐸᑦᑕᖅᑐᖅᐸᓪᓗᓂᒋᑦ. ᐃᓚᖏᑦ ᐃᒻᒥᓂᒃ ᐋᓐᓂᖅᑎᓲᑦ ᐱᓵᓇᓪᓗᑎᒃ ᑭᒻᒪᕐᓂᒃᑯᑦ, ᐊᕚᖅᑕᕐᓂᒃᑯᓪᓗ ᓂᐊᖁᕐᒥᒍᑦ, ᐊᓯᖏᓐᓂᓪᓗ ᐊᑐᕈᓐᓇᖅᑐᑦ. ᐊᒻᒪ ᐃᓚᖏᑦ ᐊᔪᕈᑎᖃᖅᑐᒻᒪᕆᐅᔫᑦ ᐃᓕᓐᓂᐊᕆᐊᖅ ᐊᒻᒪ ᐃᓱᒪᒋᐊᖅ. ᐃᓚᖏᓪᓗ ᐱᓯᑎᒻᒪᕆᐊᓘᒍᓐᓇᖅᑐᑦ, ᓲᕐᓗ ᐱᓐᖑᐊᒃᑳᓗᓗᑎᒃ ᐃᓐᖏᐅᑎᓄᑦ ᐃᓚᓂᐊᖅᑎᑕᐅᓚᐅᖅᓯᒪᓕᖅᑲᓗᐊᕈᑎᒃ.

ᐱᔾᔪᑎᖓ

ᐃᓅᓕᕐᓂᑰᒍᑎᒃ ᐱᐅᓯᕆᓗᒍ ᖃᓄᑕᖓᒍᑦ ᐱᕈᖅᓯᒪᑦᓯᐊᙱᓪᓗᓂ. ᓱᓕ ᖃᐅᔨᒪᔭᐅᙱᑦᑐᖅ ᖃᓄᖅ ᐊᒻᒪ ᓱᒧᑦ ᑕᐃᒪᐃᓖᖑᒻᒪᖔᑦ, ᖃᓄᑕᖏᒍᑦ ᐊᔪᕈᑎᖃᖅᑐᑦ.

ᐃᑲᔪᑕᐅᔪᓐᓇᖅᑐᑦ

ᐊᓯᔾᔨᕆᐊᖅ ᐊᔪᕐᓇᖅᑐᐊᓗᒃ. ᐄᓴᒐᐃᑦ ᐃᓚᖏᑦ ᐃᑲᔪᑐᐃᓐᓇᕆᐊᓕᐅᒐᓗᐊᑦ ᐃᓐᓇᐅᓕᖅᑐᓄᑦ. ᐃᓕᓐᓂᐊᖅᑎᑕᐅᓗᑎᒃ ᓱᑭᓯᓪᓚᕆᑯᓘᑎᓪᓗᒋᑦ ᓱᓕ ᐃᓕᓴᕐᓂᖅᓴᐅᒍᓐᓇᖅᑐᑦ ᐅᖃᑭᓇᖅᓯᓂᕐᒥᑦ ᐊᒻᒪ ᐃᓅᓯᖃᑎᒌᓐᓂᕐᒧᑦ.

ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᓕᕐᓂᖅ ᐱᐅᓯᖅᓱᕈᓐᓇᐃᕐᓂᐊᓄᑦ ᖃᓄᑕᐅᑉ *Alzheimer's Disease*

ᒪᓗᓐᓇᕈᑏᑦ/ᖃᓄᐃᒍᑕᐅᔪᑦ

ᓯᕗᓪᓕᖅᐹᒥ ᖃᐅᔨᒍᑕᐅᕙᓪᓕᐊᒍᓐᓇᖅᑐᑦ: ᐳᐃᒍᑐᓕᕐᓂᖏᓐᓄᑦ, ᓇᓗᓕᐅᖅᑲᕙᓐᓂᖅ. ᑭᖑᓂᐊᒍᑦ ᖃᐅᔨᕙᓪᓕᐊᒍᑕᐅᒍᓐᓇᖅᑐᑦ: ᐅᖃᕈᓐᓇᑦᓯᐊᓐᖏᓐᓂᖅ, ᐃᓱᒪᒍᓐᓇᑦᓯᐊᓐᖏᓐᓂᖅ, ᑐᑭᓯᐊᑦᓯᐊᖏᓐᓂᖅ, ᐃᖅᑲᐅᒪᒍᓐᓇᑦᓯᐊᓐᖏᓐᓂᖅ, ᐊᓯᖏᓪᓗ; ᐱᖅᑯᓯᖓᓗ ᐊᒻᒪ ᐱᐅᓯᖓ ᐊᓯᔾᔨᖅᑕᕐᓗᓂ; ᓂᒪᐃᓐᓇᐅᔾᕐᓗᓂ, ᐅᐃᒻᒪᔮᕐᓗᓂ, ᓄᖅᑲᖓᒍᓐᓇᖏᓐᓂᖅ, ᐱᓕᕆᕙᓪᓗᓂ ᐱᔪᑎᒃᓴᖃᖏᓪᓗᓂ. ᐃᓐᓇᐅᓂᖅᓴᐃᑦ ᑕᒪᑐᒥᖓ ᐊᑐᕐᓂᖅᓴᐅᓛᑦ ᐱᖅᑯᓯᕐᒥᒃ.

ᐱᔾᔪᑎᖓ

ᖃᓄᑕᖓᒍᑦ ᐱᐅᓯᕐᓗᒃᐸᑦ ᐃᓱᒪᒍᓯᖓᓄᑦ ᐊᒃᑐᐃᒍᓐᓇᖅᑐᑦ, ᐅᖃᐅᓯᖓᓄᑦ ᐊᒻᒪ ᐃᖅᑲᐅᒪᒍᓇᓯᐊᓐᖏᓪᓗᓂᓗ ᐃᓛᓐᓂ. ᓱᓕ ᖃᐅᔨᒪᓐᖏᑦᑐᒍᑦ ᓱᒍᑦ ᑕᐃᒪᐃᔾᔨᑎᖃᓲᒍᒻᒪᖔᑕ.

ᐃᑲᔫᑕᐅᔪᓐᓇᖅᑐᑦ

ᐊᑐᐃᓐᓇᖅᑕᖃᓐᖏᑦᑐᖅ ᐋᖅᑭᒍᑎᒃᓴᒥᒃ ᓱᓕ ᐅᕝᕙᓘᓐᓃᑦ ᐃᑲᔪᖅᑕᐅᔾᔨᑎᒃᓯᑦᓯᐊᕙᒻᒥᒃ. ᐃᔭᕋᐃᑦ ᐃᑲᔪᕈᓐᓇᖅᑐᖅ ᐱᖅᑯᓯᖓᓂᒃ ᐊᒻᒪ ᐃᒃᐱᓐᓂᐊᒍᓯᖓᓂᒃ ᐊᐅᓚᑦᓯᒍᓐᓇᕐᓂᖅᓴᐅᑎᐊᖅ.

ᑐᑭᓯᒋᐊᕐᕕᒃᓴᐃᑦ ᐊᒻᒪ ᐃᑲᔪᕈᑎᒃᓴᐃᑦ ᐃᓱᒪᒃᑯᑦ ᐊᔪᕈᑎᖃᕐᓂᖅ

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