



Workshops are 75 minutes in length with plenty of time for audience interaction and feedback. Participants will acquire a more thorough understanding of the works presented.

Workshop 1: Tuesday, November 24, 2009 1:15 – 2:30 p.m.

Panel Presentation: Healthy Foods North: From Research to Community Intervention

CODE: B1-HWB-O

Room: International Ballroom, Crowne Plaza

Traditional Food Use and Dietary Adequacy Among Nunavut Preschool Children, and results from Healthy Foods North.

Word Warriors Panel I: Indigenous philosophies and ceremonies as the basis of action

B1-IWK-P

Room: Cartier II, Marriott

Based upon ceremony, and a shared desire to protect sacred sites, Indigenous territories, and traditional medicines, a partnership between the National Aboriginal Health Organization, the Union of Yagé Healers of the Colombian Amazon and the Indigenous Elders and Youth Council seeks to establish and strengthen a spiritual union between Elders and Healers from North and South.

Workshop 2: Tuesday, November 24, 2009 3:00 – 4:15 p.m.

Workshop: Senior abuse within Aboriginal communities

CODE: B2-HWB-W

Room: Albion, Marriott

This conference workshop focuses on issues of senior abuse among Aboriginal women, emphasizing the importance of conceptualizing and contextualizing senior abuse and service and policy responses within Aboriginal communities and ways of knowing.

Workshop: The many roots of resilience: unearthing our sources of strength

CODE: B2-TM-W

Room: International Ballroom, Crowne Plaza

This workshop will present a series of talks from project participants outlining some aspects of Métis, Inuit, and Mohawk concepts of resilience as a way of addressing the following conference streams: building resilience, Indigenous concepts of well-being, knowledge generation and sharing, and developing Aboriginal data and researchers.

Workshop: Health Statistics and Literature databases for Inuit and Métis communities and stakeholders

CODE: B1-ST-W

Room: York, Marriott

Naasautit (an Inuit language word for numbers) is a national project to enable Inuit regional organizations and communities to make better use of existing statistics on Inuit health. The Métis Centre of NAHO has developed a searchable, online database of Métis information from the 2006 Aboriginal Peoples Survey, 2006 Census and information extracted from peer-reviewed and grey literature. A demonstration of features and search capabilities of the two databases will be performed. Participants are invited to bring their laptops so they can become familiar with these new databases.

Word Warriors Panel II: Indigenous Knowledge and Health

B2-IWK-P

Room: Cartier II, Marriott

The Indigenous Elders and Youth Council (IEYC), is grassroots collective of Indigenous representatives from the Americas working toward the protection and preservation of Indigenous knowledge, language and culture. Members of the IEYC will speak about their work in such areas as the:

- Protection of sacred sites as protective of the health of Indigenous Peoples.
- Traditional views and actions to protect and promote maternal health and puberty rites as health promotion tools for Indigenous youth.
- The utilization of Indigenous knowledge, traditional medicines, and ceremonies to foster community strength, sovereignty and relationships between communities, Elders, and Healers.

Workshop 3: Wednesday, November 25, 1:15 – 2:30 p.m.

Workshop: Highlighting early learnings from the AHTF

CODE: B3-HC-W

Room: Albion, Marriott

In outlining their experiences, partners will AHTF partners will provide insights into building successful partnerships, the success factors and barriers to integration/adaptation, and some discussion of contextual factors that may facilitate or hinder the relationships.

Workshop: Investigation of the Anti-Diabetic Potential of Traditional Cree Medicinal Plants

CODE: B3-TM2-W

Room: Pinnacle, Crowne Plaza

This presentation will describe innovative research underway in Iiyiyiu Aschii (James Bay Cree region of Quebec) that involves collaboration between Elders in four of the communities and a team of plant scientists, pharmacologists, toxicologists, nutritionists and clinicians.

Workshop 4: Wednesday, November 25, 3:00 – 4:15 p.m.

Workshop: Indigenous Knowledge and North American Health Care Systems: Canada and the US

CODE: B4-TM2-W

Room: Pinnacle, Crowne Plaza

This comparative workshop will explore the inclusion/integration of indigenous knowledge in the health care systems of both Canada and the United States. The workshop will be led by a number of Fulbright* alumni who work actively in the field in both Canada and the United States.

Workshop: Aboriginal Issues in the National Lung Health Framework

CODE: B4-SP-W

Room: Albion, Marriott

The National Lung Health Framework is a strategic action plan being developed by stakeholders, for stakeholders, to improve respiratory health in Canada. This presentation will provide details of how this partnership was developed, explore the successes and lessons learned, and highlight how it will navigate the opportunities and challenges in developing the Action Plan. Dialogue with participants will be used to inform next steps.

Workshop: Walking the prevention circle: the next steps

CODE: B4-HC-W

Room: York, Marriott

RespectED: Violence & Abuse Prevention, a national program of the Canadian Red Cross, seeks to promote healthier relationships and safer communities through education and partnerships. This workshop will introduce participants to creating safe environments. The workshop will provide participants with the building blocks to assess and take the necessary steps needed to create and maintain safe environments for their young people.

Workshop: Inuit traditional medicines and healing practices

CODE: B4-TM1-W

Room: International Ballroom, Crowne Plaza

Inuit in Canada have healing traditions, medicines and practices dating back thousands of years. This workshop will bring together four Inuit elders/experts from across the North in a unique face-to-face panel presentation and discussion period. Presenters will be encouraged to bring samples of medicines and/or to demonstrate healing practices, while interacting with the audience.

Workshop 5: Thursday, November 26, 10:45 a.m. – noon

Workshop: Improving Health by Using Health Data and Information

CODE: B5-HR2-W

Room: Capitale, Crowne Plaza

This session will provide participants with an opportunity to learn more about Canadian Institute for Health Information (CIHI), the pan-Canadian administrative health data that exist, and the difference that health data and information can make to health and health care. Participants will also be introduced to the data projects the National Aboriginal Health Organization (NAHO) is involved with, the utility and applications of these data projects, and how these data projects are expected to improve the health of First Nations, Inuit and Métis in the future.

Health and Well-Being Panel

CODE: B5-HWB-P

Room: Cartier I, Marriott

The National Network for Aboriginal Mental Health Research aims to develop research capacity to address the mental health needs of Aboriginal peoples. Participants will be engaged in a discussion that highlights ways in which NNAMHR networking, research and training can be most effective.

Workshop: Innovative Community Approach to Preparing Traditional Haudenosaunee Foods

CODE: B5-TM-W

Room: Albion, Marriott

Kahnawake Schools Diabetes Prevention Project (KSDPP) has developed a traditional approach by promoting and implementing our native traditional foods to reinforce the pride of our Onkwehonwe culture. The concepts and activities associated with traditional foods encompass a

variety of learning opportunities that inspire community members to implement healthy changes into their everyday lives.

Workshop: Efficacy of Traditional Medicines

CODE: B5-IWK-W

Room: Cartier III, Marriott

The Belize Indigenous Training Institute (BITI) has developed the Mayan Medicinal Gardens to preserve traditional knowledge of medicinal plants and transfer this knowledge to the younger generation. This multicultural educational regime facilitates cross-cultural and multidisciplinary collaboration and foster new and innovative initiatives. BITI has encouraged healers, students and apprentices to participate in its joint projects as a means of transferring knowledge to the younger generation. This session will discuss the experience and lessons learned from a long-term research partnership between BITI and the University of Ottawa.